

# Empowering the impaired through Internet, Computer/ICT



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# Challenge to fight the invisible Problem



“If we don’t deal with Mental Illness, there is a burden not only on Mentally Ill, on their families, their communities, there is an economic burden if we don’t take care of people who need our care and treatment.”

# Few Facts

In India over 125 million people suffer  
After all drug treatment 33% of patients do not  
improve

At present 3-4 million persons suffering from  
Schizophrenia

Estimated population of chronic psychotic patients  
in India will be 50 millions by 2010

25,000 psychiatric beds

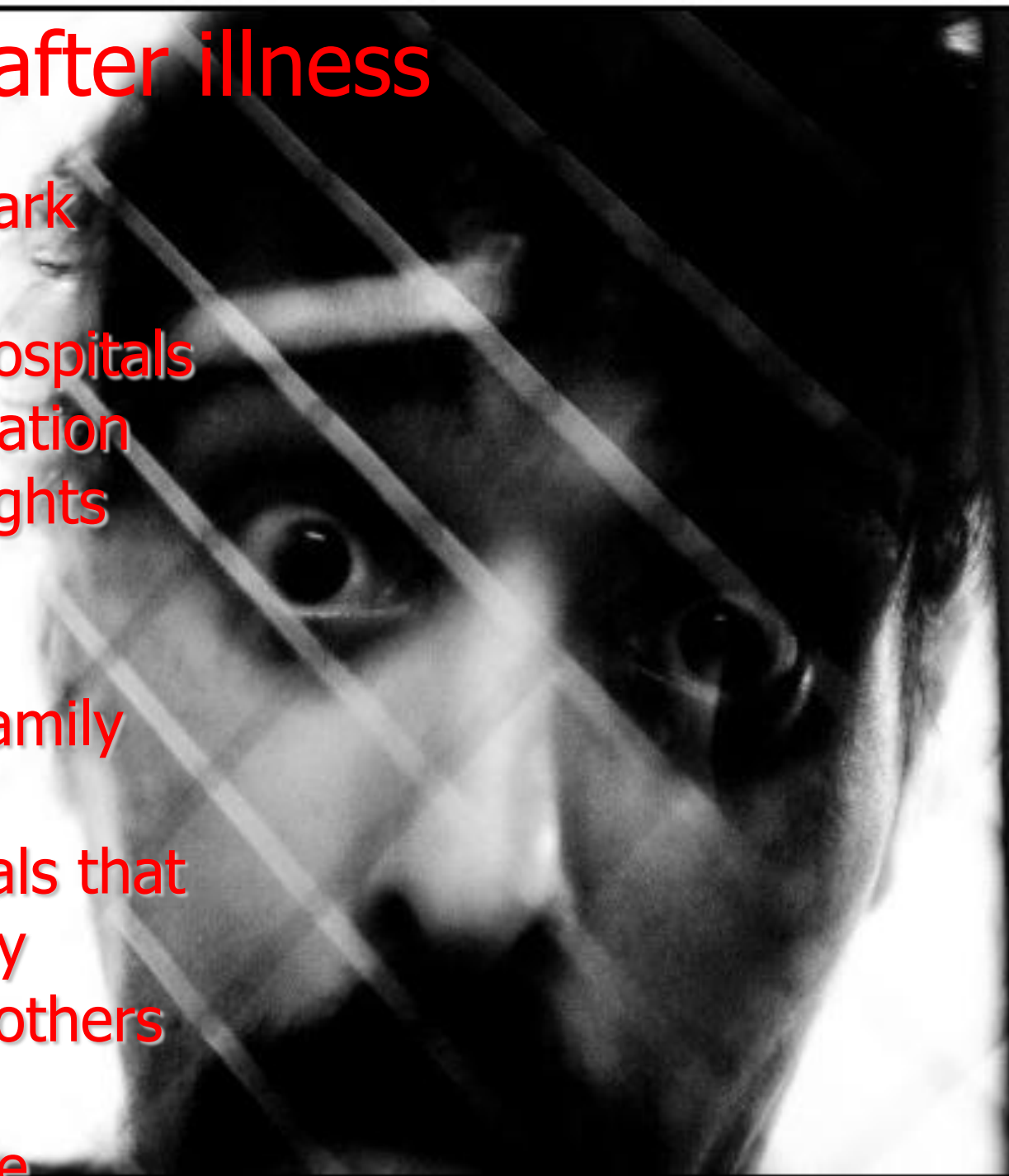
3,500 qualified psychiatrists

Feels shackled -needs to be empowered



# Life after illness

- Confinement in dark rooms
- Confinement in hospitals where there is violation of basic Human Rights
- End of career
- End of healthy relationship with family
- Break down of all expectations & goals that they had previously
- Being burden on others
- No respect
- No hope for future



# **The Effects of Disability**

A black and white photograph of a person's face pressed against a glass pane, likely a prison cell or a laboratory observation window. The person's face is partially obscured by the glass, and their expression is somber. The background is dark and grainy, suggesting a confined space.

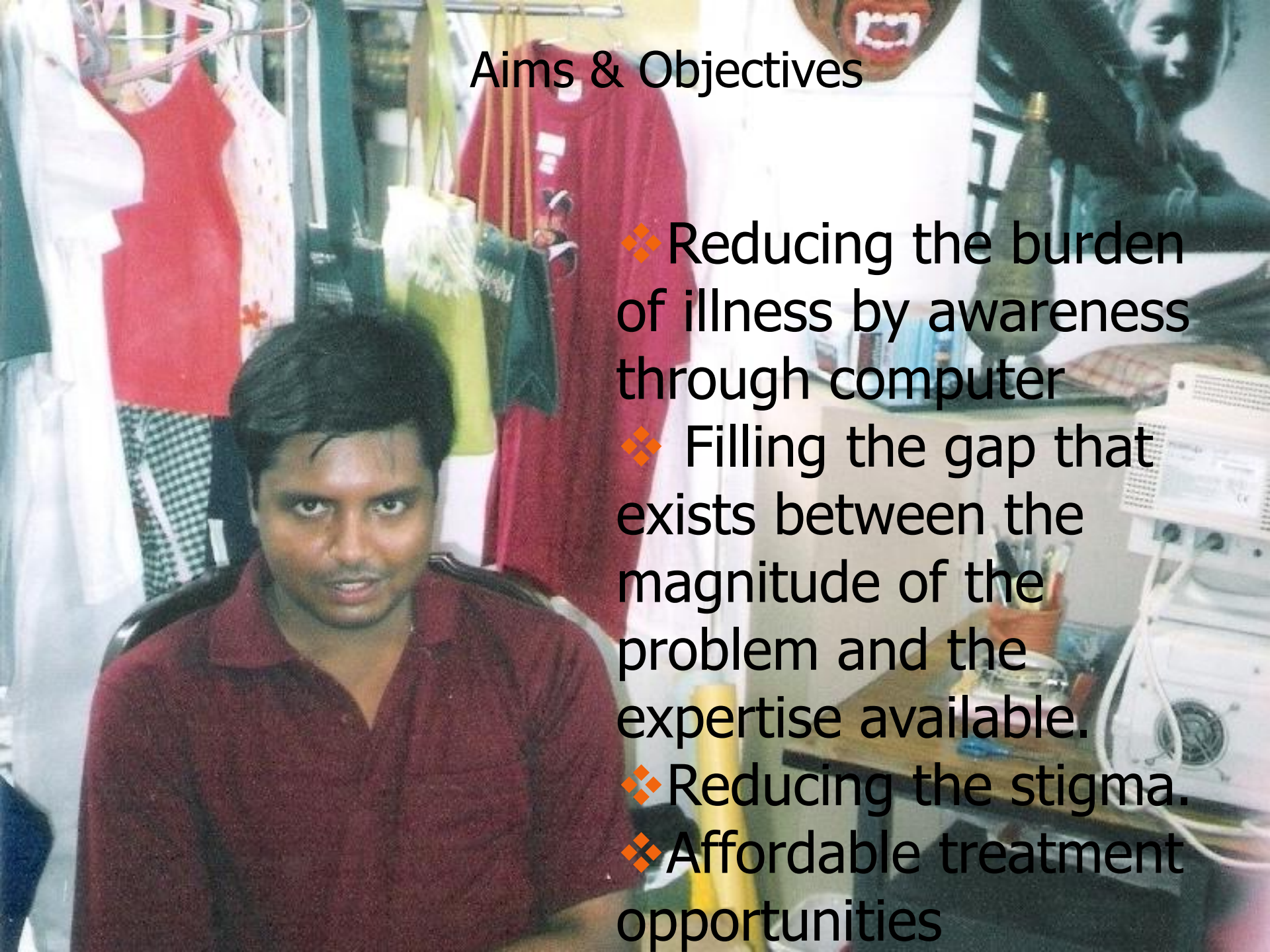
**Insecurities**  
**Inferiority**  
**Disruption of**  
**communication**  
**Confinement**  
**Withdrawn**  
**World of fantasy**

**Need of the hour**  
**Medication**  
**Counseling**  
**Vocational**  
**training**  
**Computer**  
**training**



## Aims & Objectives

- ❖ Reducing the burden of illness by awareness through computer
- ❖ Filling the gap that exists between the magnitude of the problem and the expertise available.
- ❖ Reducing the stigma.
- ❖ Affordable treatment opportunities



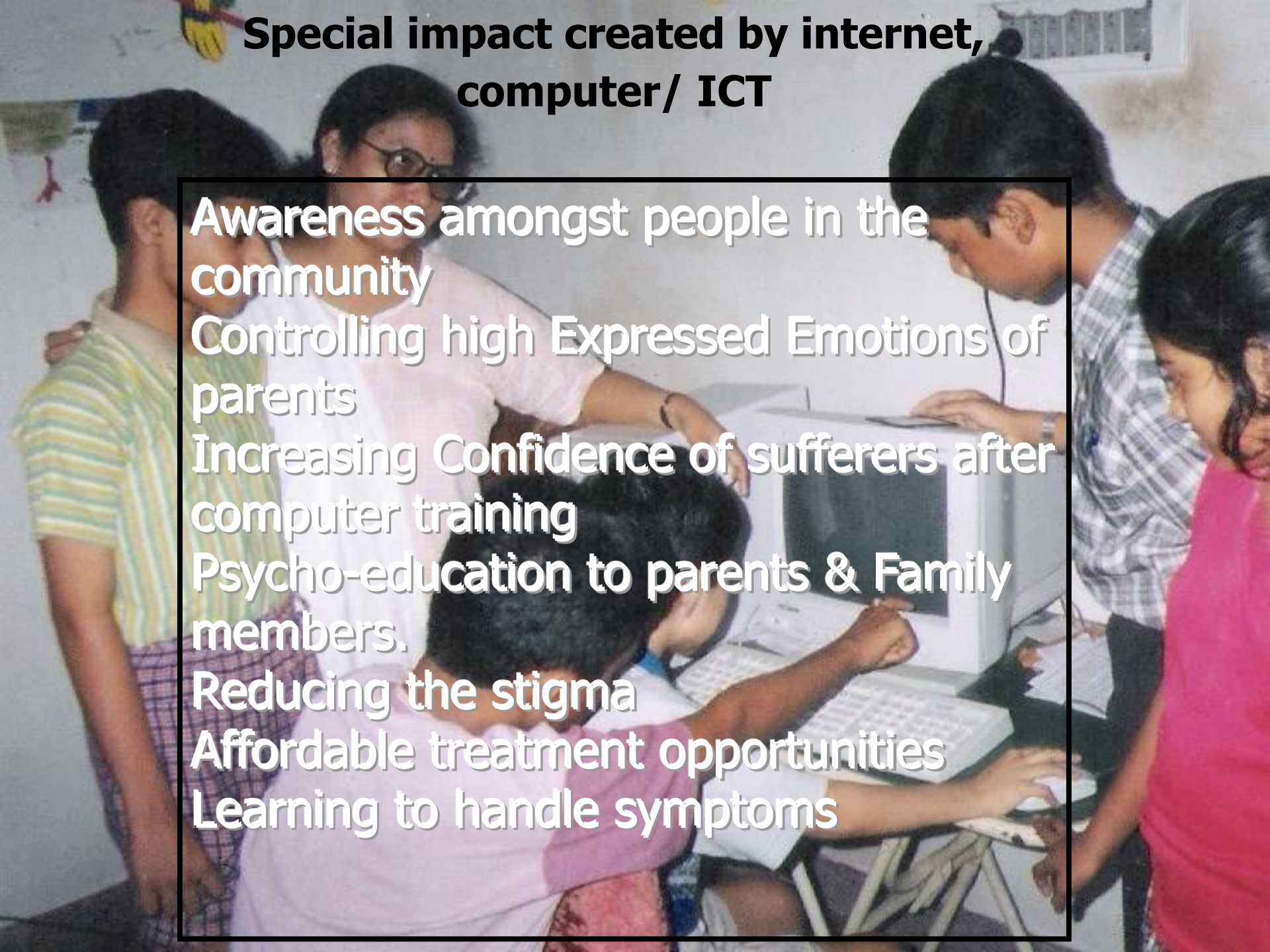
# Why Computer???

To cater to their intellectual needs  
Free to experiment  
Impart needed Psycho-education  
Bridge the gap  
Helps in Communication  
Formation of Self- Help Groups  
Interaction  
A way of Earning  
Need based training is needed





# **Special impact created by internet, computer/ ICT**



**Awareness amongst people in the  
community  
Controlling high Expressed Emotions of  
parents  
Increasing Confidence of sufferers after  
computer training  
Psycho-education to parents & Family  
members.  
Reducing the stigma  
Affordable treatment opportunities  
Learning to handle symptoms**



# Empowering the target group

Joining Self Help groups throughout the world through Internet

Gaining confidence -interacting with sufferers who have been able to overcome the illness

Knowledge about Human Rights

Fighting for rights

The relationship with their family members improve a lot.

Their motivation improves

Their mood fluctuations decreases

They remain connected



# Goals Achieved So Far

- Reducing the burden of illness by making the sufferers and their family members aware of the problem.
- Delivering appropriate psycho education for both the groups and learning coping and crisis management strategies.
- Filling the gap that exists between the intensity and magnitude of the problem and the expertise available.
- Reducing the stigma.
- Affordable treatment





A stylized illustration featuring a green and blue globe in the center. Four people of diverse backgrounds are shown holding hands in a circle around the globe. From top-left to bottom-right: a woman with dark hair, a man with a white turban, a woman with dark skin and a headscarf, and a man with dark hair. They are all wearing simple white clothing. The background consists of large, abstract blue and cyan shapes. The text is overlaid on the globe and the people.

**ICT is changing the world for person's with Special ability**

**They turn out to be the able, responsible member of the society**

**Wiping away their loneliness making them remain connected with the whole world.**

The True Friend Of Mankind -Computer and internet empowers people & helps to be a part of mainstream of life again