



International Society for
Research on Internet Interventions

THE INTERNATIONAL SOCIETY FOR RESEARCH ON INTERNET INTERVENTIONS PRESENTS: ***MENTAL HEALTH & INTERNET INTERVENTIONS IN THE AGE OF COVID-19***

"Internet interventions have undoubtedly played a crucial role in mitigating the effect of COVID-19 on our health services, as well as allowing us to respond promptly to the increased demand for health services that COVID-19 has been directly responsible for. Join us in a panel discussion, in which we will examine how the landscape of internet interventions has changed because of COVID; how we keep the momentum going for implementation of internet interventions in a post-COVID world; and what implications and directions are for future research, collaboration, advancement, and transfer of knowledge."

**MODERATED BY PROF LEE RITTERBAND (University of
Virginia School of Medicine and Director of the Center for
Behavioral Health and Technology)**



With degrees in clinical psychology and computer technology, Lee Ritterband specializes in the development and testing of behaviorally-based treatment programs delivered via the Internet. He has served as Principal or Co-Investigator on large research projects funded by multiple institutes of the National Institutes of Health. In 2004, he co-founded the International Society for Research on Internet Interventions. Dr. Ritterband is also a co-founder of BeHealth Solutions, LLC, a company dedicated to increasing public access to evidence-based Internet delivered health interventions.

Our Speakers

**PROF DAVID MOHR (Northwestern University and Director of
Northwestern University's Center for Behavioral Intervention
Technologies)**



David Mohr's work lies at the intersection of behavioral science, technology, and clinical research, focusing on the design, evaluation, and implementation of digital mental health technologies and services. An overarching goal of his current work is to sustainably implement digital mental health services in real-world healthcare settings. He recently completed the first trial in primary care of a digital mental health program for depression and anxiety (the IntelliCare Platform). He is currently conducting a system-wide roll out and evaluation of IntelliCare in a healthcare system in Chicago.



DR KIM MATHIASEN (University of Southern Denmark and Centre for Telepsychiatry in the Mental Health Services of Southern Denmark)

Since 2006, he has pioneered internet based cognitive behavioural therapy (iCBT) in Denmark. From 2012 he led the establishment of the first Danish large scale iCBT clinic Internetpsykiatrien at the Centre for Telepsychiatry, which now has national coverage free of charge for all Danish adults suffering from depression or anxiety disorders. He has contributed to several largescale EU projects the latest as the Coordinator of ImpleMentAll and is part of the board for the European Society of Internet Interventions.



ASSOC PROF STEPHEN SCHUELLER (University of California, Irvine)

As a clinical psychologist and mental health service researcher, his work looks at making mental health resources more available and accessible, especially through the use of technology. This includes the development, evaluation, and implementation of web- and mobile-based interventions. He also serves as the Executive Director of One Mind PsyberGuide, a project that aims to empower consumers to make informed choices around digital mental health products.

JOIN US!

**ONE-HOUR ZOOM
WEBINAR**

MAY 27, 2021

**9am (PDT)
11am (CDT)
Noon (EDT)
6pm (CET)**

**REGISTER NOW AT:
https://bit.ly/ISR11_event**

**This event is free of
charge and open to
anyone interested.**