

# ISRII 8th Scientific Meeting

Technologies for a digital world:  
Improving health across the lifespan

7 - 9 April 2016 | Seattle, USA



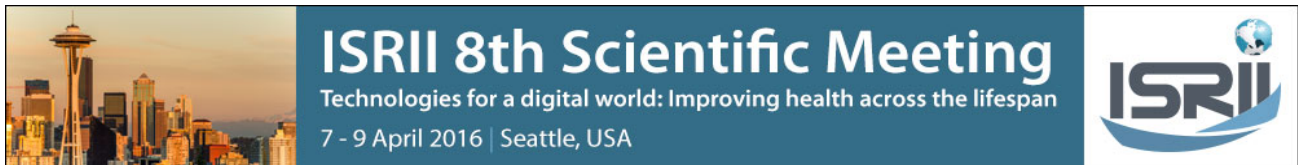
## PROGRAM BOOKLET

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Dear Delegates,

On behalf of the Organizing Committee, it is a distinct pleasure to welcome you to the **8th Scientific Meeting of the International Society for Research on Internet Interventions (ISRII)**. I am particularly pleased to welcome you to this year's meeting, which is held in my own native land of Seattle. I am confident that this year's meeting will provide you with access to the latest advances in the scientific study of information and communication technologies targeting behavioral, psychosocial, health, and mental health outcomes.

Our conference theme is *Technologies for a digital world: Improving health across the lifespan*. From world experts, you will learn about approaches to assessment, prevention, and intervention using information and communication technologies across multiple populations; you will also gain further understanding of theoretical and therapeutic processes underlying these approaches. By emphasizing a lifespan approach to considering these issues we hope to facilitate understanding of commonalities as well as unique developmental considerations in application of technologies to improve health.

We are exceptionally pleased to have received over 400 abstract submissions this year on a range of topics such as acute and chronic health conditions, mental health disorders, prevention and lifestyle, and special applications of technology. The review process involved 13 internationally recognized scientists 8 of whom are also members of the Organizing Committee. We are very grateful to all the authors for their enthusiasm and to the reviewers for their hard work and the time they have dedicated to carefully evaluating the submissions.

Collectively, we have selected an excellent group of plenary speakers, workshops, papers for oral presentations, symposia, and panel discussions. We are also proud that we will have an outstanding poster program, demonstration presenters, and exhibitors. We have organized the presentations and poster sessions into thematically focused sessions that highlight the broad scope of digital technologies to improve health across the lifespan. This year we have also included a student and early career mentorship breakfast for our future leaders in the field.

We want to thank the Elsevier Global Conferences team that has been critically involved in this effort. They have been essential to the organization, promotion and success of this conference. It is the hope of the Organizing Committee that you enjoy your experience at ISRII and are able to both renew and initiate relationships with colleagues from around the world who share your interests. Through these relationships, we can mold the future of this exciting field. Enjoy the meeting!

With warmest regards,

**Tonya M. Palermo, Ph.D.**

Conference Chair

ISRII 8<sup>th</sup> Scientific Meeting 2016



## Onsite Information

### Registration Desk

The registration desk can be found in the 'Grand Concourse' room. Registration will start at 8:00am on Thursday 07 April 2016. The registration desk will remain open for the duration of the conference. Your contacts will be Ashok Aravindakshan and Manali Mishra.

### Badges, Bags, and Security

For security reasons, and for catering purposes, please make sure you wear your badge at all times during the conference. Replacements for lost badges are available from the registration desk. For easy recognition, we would advise you to insert a business card inside your delegate bag—should your bag be misplaced, replacements may not always be available.

### Badge Color Coding

Blue: Invited speakers  
 Red: Committee Members  
 Green: Staff  
 Yellow: Exhibitors  
 Clear: Delegates

### Conference Sessions

The first session will begin in room 'Elliott Hall' with the opening remarks at 01:30pm on Thursday 07 April 2016. All sessions will take place in this room. Please see the full program in the Program Booklet for individual session and presentation timings.

### Wi-Fi

Wi-Fi will be available across the conference meeting rooms.

Connect to Network: **Bell Harbor Conference Center**

Password: **Spring2016**

### Poster Presenters

Poster presenters should refer to the program or information board for details of their poster number. Please be reminded of the following times for posters to be affixed and taken down along with the viewing session time:

Poster Session	Display Poster From	Remove Poster before	Presenting Time
Poster Viewing Session 1	11.00am on Thursday 7 April	07:30pm Thursday 7 April	5.30pm – 7.00pm Thursday 7 April
Poster Viewing Session 2	09.00am on Friday 8 April	05.30pm on Friday 8 April	12.30pm – 2.00pm Friday 8 April
Poster Viewing Session 3	09.00am on Saturday 9 April	4.00pm on Saturday 9 April	12.30pm – 2.00pm Saturday 9 April

**Posters will be located in the room 'International Promenade'.** Please note that any posters remaining on the poster boards after the times specified above may be removed by the organizers who accept no responsibility for loss or damage.

**Important:** Posters should be fixed to boards with Blu-Tack or push pins. Please see the conference organizer at the registration desk if you require fixing materials.

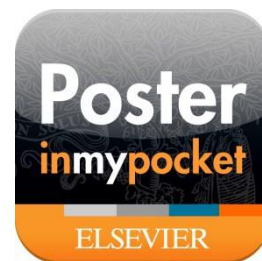
**Oral Presenters**

Oral presentations will happen in 4 different rooms namely, Elliott Hall, Sound, Cove and Marina. Oral presenters are reminded to be in their respective rooms no later than 15 minutes before the start of the session in order to meet with the session chair and finalize the set-up of presentation visuals with the room technician.

**All presentations must be preloaded in the room at least two hours before the relevant session.**

**Poster in my Pocket**

In the run up to this conference, you probably heard about the (free) app POSTER IN MY POCKET. This app allows you to download and read selected scientific posters directly onto your mobile. It was designed with two sides of the symposia scientific community in mind: conference attendees and poster presenters.

**Benefits for Conference Attendees**

- Compile interesting research (that, in some cases, has not yet been published).
- Read it at your leisure at a later stage
- Contact the poster author directly (optional)

**Benefits for Poster Authors**

- Increase the chances of your research being read
- Be contacted by fellow scientists, resulting in exciting collaborations and new friends (optional)

Whether you're a poster presenter and still want to upload a poster or an attendee who would like to download the app prior to the poster sessions, please visit [www.posterinmypocket.com](http://www.posterinmypocket.com).

Please read the FAQs section to learn more or email [posterinmypocket@elsevier.com](mailto:posterinmypocket@elsevier.com) if you have any questions.

**Conference App**

The conference has its own Free App available on all Android and iOS devices! This includes information on presentations, speakers, exhibitors, and more. It allows you to plan which presentations to attend, add notes to the program, make lists via the To Do feature, and add custom tags to presentations and exhibitors. Speakers (invited and poster) have also been invited to make their presentations available through the app. Please visit the conference website for links to the App and Google Play Stores.

**Welcome Drinks Reception**

The welcome drinks reception will take place along with poster session 1 on Thursday 07 April in room 'International Promenade' from 5.30pm-7.00pm

**Messages**

Messages for delegates received at the registration desk will be posted on the message board in the registration area. You are welcome to use the message board to contact fellow delegates.

**Catering**

Mid-session refreshments and lunch will be served in 'International Promenade'. Please see the program in your Program Booklet for refreshments and lunch timings.

**Exhibitors**

Exhibitors can be found in 'International Promenade' from 11.00am on Thursday 07 April for the duration of the conference.

**Meeting Rooms**

Elliott Hall: Plenary lectures and Breakout 1.

Sound: Breakout 2

Cove: Breakout 3

Marina: Breakout 4

International Promenade: Refreshment breaks, poster sessions, demonstrations and exhibitors can be found here.

Grand Concourse: Registration desk

**Certificates of Attendance and Presentation**

Certificates of attendance can be found in your delegate bag. Alternatively, certificates of attendance can be downloaded after the conference by visiting <https://conferences.elsevier.com/ISRII2016> , logging in with your e-mail address and password, and then visiting the documents section. Certificates of presentation can be obtained from the registration desk beginning on Saturday 09 April.

**Conference Project Lead**

**Ashok Aravindakshan**, Elsevier Ltd, International Tech Park, Crest – 5th Floor, Taramani Road, Taramani, Chennai 600 113, India, Telephone: +91 44 3378 4156, E-mail: [a.aravindakshan@elsevier.com](mailto:a.aravindakshan@elsevier.com)

**Conference Content Executive**

**Manali Mishra**, Elsevier Ltd, International Tech Park, Crest – 5th Floor, Taramani Road, Taramani, Chennai 600 113, India, Telephone: +91 44 3378 4160, E-mail: [m.mishra.1@elsevier.com](mailto:m.mishra.1@elsevier.com)

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**Minddistrict** believes in empowering people to master their own wellbeing. Through smart use of technology we facilitate personalised care which fits seamlessly in patients' daily lives. Our solution is a secure, easy-to-use, flexible communications platform, delivered as a service. The platform includes a catalogue of digital interventions, a CMS for users to develop their own interventions and a toolbox for the professional, consisting of synchronized diary apps, plans, notifications and social support functions. We believe that the use of digital interventions in healthcare will improve healthcare quality, reduce costs and boost the self-efficacy of patients.

Being digital innovators, we are eager to bring together researchers, healthcare institutions, innovators and students. We do this through our Global Research Network. The network delivers access to development, dissemination and implementation knowledge, research facilities and possible research and implementation partners. Together we can push technical boundaries, create new knowledge and deliver the new generation of digital interventions.

[www.minddistrict.com](http://www.minddistrict.com)

## Exhibitors



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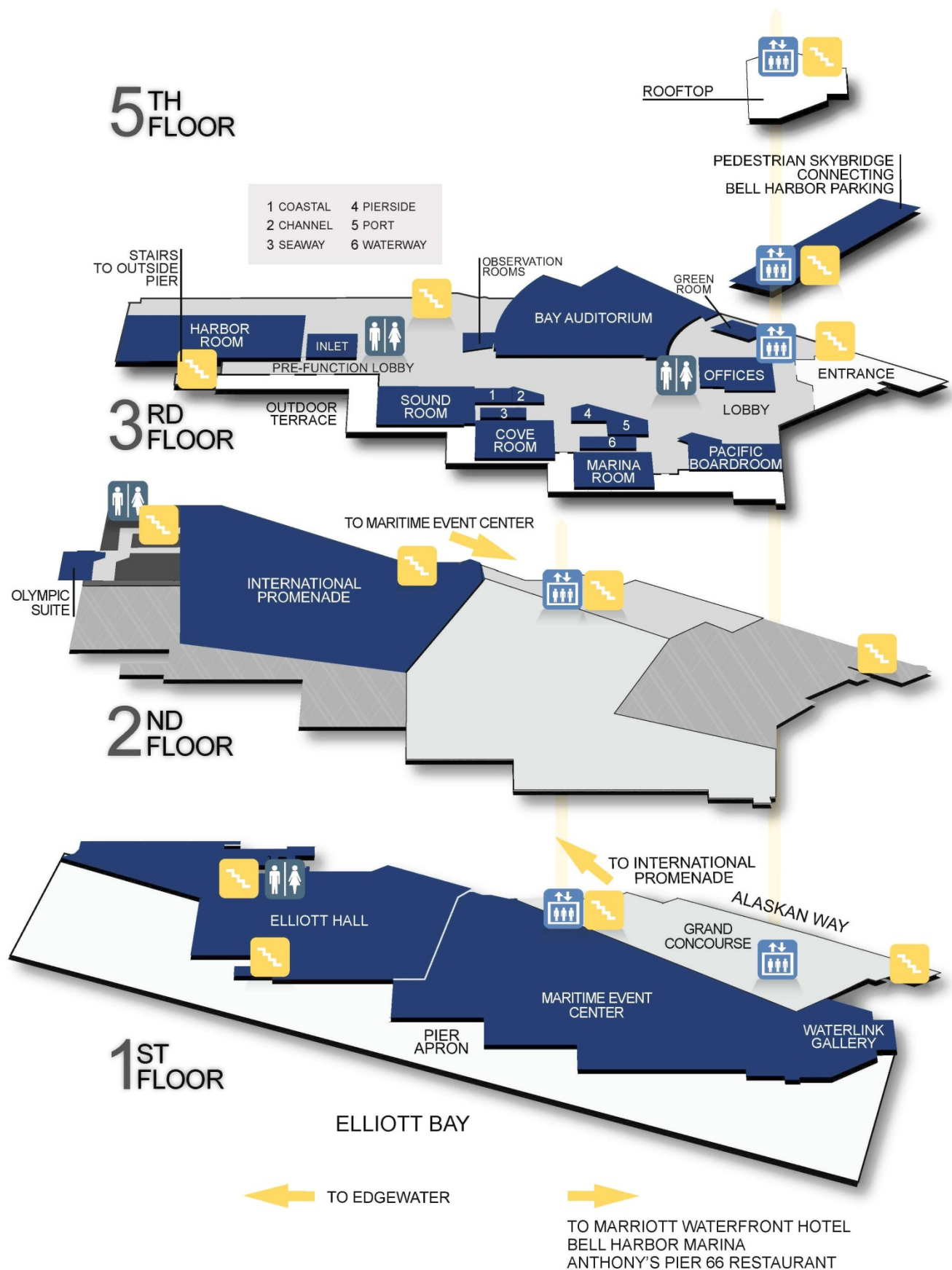
**JMIR Publications** (<http://jmirpublications.com>) is the leading, award-winning publisher of peer-reviewed, high-impact, top-quality scholarly journals in the health and technology space. It builds on the success of the Journal of Medical Internet Research, [www.jmir.org](http://www.jmir.org) (the top cited journal in the field, according to Thomson Reuters, with a 2014 impact factor of 3.4), which since 1999 has built the field, helped to establish credibility for internet interventions, and helped to advance the careers of many ISRII members. We now publish over a dozen Pubmed-indexed specialty journal titles, including JMIR Mental Health (<http://mental.jmir.org>), JMIR Research Protocols (<http://researchprotocols.org>, publishes grant proposals, protocols and formative work), JMIR mHealth and uHealth (<http://mhealth.jmir.org>), JMIR Human Factors (<http://humanfactors.jmir.org>, publishes usability studies), JMIR Serious Games (<http://games.jmir.org>) and others. JMIR also manages abstract peer-review and publishes proceedings volumes for workshops and conferences, e.g. Medicine 2.0 and iProceedings. We also constantly looking for peer-reviewers (assign yourself at JMIR Preprints, <http://preprints.jmir.org>) and editorial board members. Specifically, we are recruiting EB members and an editor-



	<p>in-chief for JMIR Mental Health (<a href="http://mental.jmir.org/announcement/view/110">http://mental.jmir.org/announcement/view/110</a>).</p> <p>JMIR has supported ISRII in the past by publishing special issues for their ISRII meetings and continues to support the organization. Email us or stop by our booth to inquire about special discounts or fee waivers to publish your paper in our 2016 Internet Interventions theme issue, which includes ISRII-related papers across multiple journals. Also, pick up your free t-shirt if you are a JMIR reviewer or author at the JMIR booth.</p> <p>Contact us at <a href="mailto:jmir.editorial.office@gmail.com">jmir.editorial.office@gmail.com</a> and follow us on Twitter at @JMedInternetRes</p>
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# Floorplan



## ISRII Committee Members' Biographies

### Conference Chair



Tonya Palermo, *PhD, University of Washington, USA*

Dr. Tonya Palermo is a pediatric psychologist and Professor of Anesthesiology and Pain Medicine at University of Washington, and Associate Director of the Center for Child Health, Behavior and Development at Seattle Children's Research Institute. She directs the Pediatric Pain & Sleep Innovations Lab that aims to improve the lives of children with pain and their families through developing, evaluating, and disseminating innovative treatments. She has published over 150 peer-reviewed articles and two books on cognitive-behavioral therapy for pediatric chronic pain. Dr. Palermo is a Director on the ISRII board. She is the Editor-elect for the Journal of Pediatric Psychology.

### ISRII Current President







Frances Kay-Lambkin, *National Drug & Alcohol Research Center, University of New South Wales, Australia*





Frances leads an innovative research program that is internationally recognised for its impact, research quality, and significant translational and commercial value. Her work focuses on areas of critical need in the Australian and international landscape; increasing the evidence base and clinical translation of treatments for co-occurring (comorbid) mental and physical disorders. She is an NHMRC career development fellow and Director of Translation at the NHMRC Centre of Research Excellence in Mental Health and Substance Use (Australia), where she leads an international team of researchers, clinicians and industry partners in innovative development and translation of evidence-based treatments for comorbid mental and physical disorders. Her vision is to bring high quality treatment for comorbidity to the point-of-care for people experiencing mental and physical disorders, to ensure that the right person receives the right intervention at the right time. This involves developing clinically safe and efficacious interventions, conducting controlled research to better understand how these interventions translate into clinical practice and general population settings, and linking with basic scientists to better understand the key mechanisms and components of change for these interventions for different patient groups at different stages of disorder.

### ISRII Past Preseident



Heleen Riper, *PhD, Vrije Universiteit Amsterdam, The Netherlands*

President Elect	
	Kate Cavanagh, <i>PhD, University of Sussex, UK</i>
Committee Members	
	Chris Eccleston, <i>PhD, University of Bath, UK</i>
	<p>Heather Hadjistavropoulos, <i>PhD, University of Regina, Canada</i></p> <p>Dr. Heather Hadjistavropoulos is a Professor of Psychology at the University of Regina. She has received extensive grant funding and published and presented widely on the assessment and treatment of anxiety and depression and on initiatives to improve health care delivery. Hadjistavropoulos founded the Online Therapy Unit for Service Education and Research (<a href="http://onlinetherapyuser.ca">onlinetherapyuser.ca</a>) in Saskatchewan. This unit is focussed on researching and improving the reach, adoption, effectiveness, and implementation of internet-delivered cognitive behaviour therapy in Saskatchewan. The Online Therapy Unit has had a substantial impact on mental health care in Saskatchewan and is inspiring similar initiatives in other Canadian provinces</p>
	<p>Emily Law, <i>PhD, University of Washington, USA</i></p> <p>Dr. Emily Law is an Assistant Professor at the University of Washington School of Medicine and a pediatric psychologist in the Department of Anesthesiology and Pain Medicine at Seattle Children's Hospital, where she provides clinical service in the outpatient pain management clinic. She received her PhD in clinical psychology from the University of Maryland Baltimore County in 2010 and completed her pre-doctoral internship in pediatric/child clinical psychology at UCLA Medical Center. She completed her post-doctoral training in pediatric pain research under the mentorship of Dr. Palermo at Seattle Children's Research Institute. She is a NIH-funded investigator and is currently developing and testing web-based screening tools and interventions for youth with chronic headache.</p>

	<p>Sonja March, <i>PhD, University of Southern Queensland, Australia</i></p> <p>Dr Sonja March is a Senior Lecturer in the School of Psychology and Counselling at The University of Southern Queensland. She is also the Director of the 'Innovative Mental Health Solutions' Research Program in USQ's Institute for Resilient Regions. She has a PhD in Clinical Psychology and is a founding team member of the BRAVE Program, an online, cognitive-behavioural program for childhood and adolescent anxiety. She has many years experience in child and family psychology, particularly with respect to childhood anxiety, parent training and post-traumatic stress disorder.</p>
	<p>Christine Rini, <i>PhD, University of North Carolina at Chapel Hill, USA</i></p>
	<p>Lee M. Ritterband, <i>University of Virginia, USA</i></p> <p>Dr. Ritterband is a Professor at the University of Virginia Medical School Department of Psychiatry and Neurobehavioral Sciences and Director of the Center for Behavioral Health and Technology. With degrees in clinical psychology and computer technology, Dr. Ritterband specializes in the development and testing of behaviorally-based treatment programs delivered via the Web. He has been a Principal or Co-Investigator on large research projects funded by multiple institutes of the National Institutes of Health; the National Health and Medical Research Council; National Science Foundation; the American Diabetes Association; and various State and commercial entities</p>
	<p>Bruce Rollman, <i>MD, MPH, University of Pittsburgh Medical Center, USA</i></p>



*Jennifer Stinson, PhD, RN, Hospital for Sick Kids, Canada*

Dr. Jennifer Stinson is a Nurse Clinician-Scientist in Child Health Evaluative Sciences and an Advanced Practice Nurse in the Chronic Pain Program at the Hospital for Sick Children in Toronto. Her major clinical research interests are in the area of pain and symptom management and the use of e-health (internet) and m-health (mobile phones) technologies to improve the assessment and management of pain and other symptoms in children with chronic illnesses



## Invited Speaker Biographies



**[PL.01] Lisa A. Marsch**, *Director, Center for Technology and Behavioral Health; Director, Dartmouth Psychiatric Research Center; Associate Professor of Psychiatry, Geisel School of Medicine, Dartmouth College, USA*

Lisa A. Marsch, Ph.D. is the Director of the Center for Technology and Behavioral Health; the Director of the Northeast Node of the National Drug Abuse Clinical Trials Network; the Director of the Dartmouth Psychiatric Research Center; and the Andrew G. Wallace Professor within the Geisel School of Medicine at Dartmouth College. With funding from NIH, Dr. Marsch has led a line of research focused on the development and evaluation of state of the science, technology-based (mobile- and web-based) interventions targeting substance abuse treatment among a wide array of youth and adult populations, HIV prevention among substance-using youth and adults, and substance abuse and other risk behavior prevention among children and adolescents. Among her contributions, she chaired the development of the SAMHSA Treatment Improvement Protocol (TIP) on technology-based therapeutic tools as applied to behavioral health issues, as well as a 2014 book published by Oxford University Press on the state of the science of leveraging technologies in transforming behavioral health care. She additionally participates in numerous media and advisory activities in the U.S. and internationally about this research (e.g., Fox News, Associated Press, ABC, NIDA TV, SAMHSA TV), has served on over 60 scientific peer review committees for NIH, an advisory board for NIDA, and on the Editorial Board of several scientific journals. She has also served as a consultant to the Department of Mental Health and Substance Abuse at the World Health Organization (WHO). She also serves on the Health Information Technology Policy Committee's Advanced Health Models and Meaningful Use Workgroup for the U.S. Office of the National Coordinator.



**[PL.02] Deborah Estrin**, *Professor of Computer Science, Cornell Tech; Professor of Public Health, Weill Cornell Medical College, New York, USA*

Deborah Estrin is a Professor of Computer Science at Cornell Tech in New York City and a Professor of Public Health at Weill Cornell Medical College. She is founder of the Health Tech Hub at Cornell Tech. Estrin is also co-founder of the non-profit startup, Open mHealth. Her current focus is on mobile health and small data, leveraging the pervasiveness of mobile devices and digital interactions for health and life management (TEDMED). Estrin is a member of The American Academy of Arts and Sciences (2007) and The National Academy of Engineering (2009). From 2000-2012 Estrin was on the UCLA faculty where she was the Founding Director of the NSF Center for Embedded Networked Sensing (CENS), pioneering the development of mobile and wireless systems to collect and analyze real time data about the physical world.



**[PL.03] Geof Baker**, *Venture Advisory Services, Seattle, USA*

Geof brings 25 years of diverse healthcare industry and technology experience as an executive and entrepreneur. Geof founded and sold several service and software companies. He enjoys working with clients to catalyze product marketing and sales development efforts, building wider company footprints and finding new paths to market. Geof has authored articles and presented on topics ranging from pay-for-performance, transparency, population health management, value-based reimbursement, contracting and financial controls to healthcare analytics.

Before founding Venture Advisory Services, Geof worked as interim Chief Marketing Officer to transform marketing functions at a \$100M HIT company. Geof also served in executive healthcare roles at Cognizant Technology Solutions in IT delivery, sales, strategic consulting and turnaround management. At Cognizant, Geof drove his P & L from \$25M to \$130M for several healthplans and state Medicaid accounts. Geof also founded, built, and then sold a healthcare analytics company to IMS Health. As a founder and CEO, Geof recruited the leadership team, raised \$15M in capital, led product management, R & D, and sales and operations.



**[PL.04] Victor Strecher**, *Director for Innovation and Social Entrepreneurship; Professor of Health Behavior and Health Education, School of Public Health, University of Michigan, USA*

Victor Strecher is a behavioral scientist, professor, and Director of Innovation at the University of Michigan's School of Public Health. In 1995, Vic founded the UM Center for Health Communications Research ([www.chcr.umich.edu](http://www.chcr.umich.edu)). In 1998, he founded HealthMedia, a digital health coaching company that was sold to Johnson & Johnson in 2008. In 2015 he founded JOOL Health ([www.joolhealth.com](http://www.joolhealth.com)), a digital health solution company that integrates the science of health and well-being, advanced smartphone and biometric technology, and big data analytics. His most recent book (available May, 2016) is *Life On Purpose: How Living for What Matters Most Changes Everything* (HarperOne).



## Invited Speaker Abstracts

### [PL.01]

#### **Transforming healthCare via science-based technology**

Lisa A. Marsch, *Center for Technology and Behavioral Health, Dartmouth Psychiatric Research Center, Geisel School of Medicine, Dartmouth College, USA*

Mobile technology has radically transformed many sectors of our society, including in areas of finance, business, retail, education, and social communications, and offers considerable promise for similarly transforming healthcare delivery models.

Over 90% of individuals worldwide have access to mobile devices, and mobile health interventions have frequently been shown to produce outcomes that are comparable to, or better than, healthcare delivered by clinicians. Mobile health tools can also be widely accessible, personalizable, and cost-effective.

In this presentation, Dr. Lisa A. Marsch will provide an overview of the state of the science in the development, evaluation, and implementation of mobile technology-based therapeutic interventions for promoting behavioral health (addressing issues of substance abuse and mental health) as well as health behavior (e.g., preventative health; chronic disease management; medical regimen adherence).

These tools are designed to deliver engaging and effective interventions for health promotion and to collectively lead to transformations in the delivery of science-based health care – by improving quality of care, access to care, and health outcomes, while reducing costs of care. [see [www.c4tbh.org](http://www.c4tbh.org)]

### [PL.02]

#### **Leveraging small data to fuel, personalize, sustain, and study health behavior**

Deborah Estrin, *Cornell Tech, USA and Weill Cornell Medical College, USA*

Given that chronic diseases are responsible for the majority of premature deaths and healthcare costs, and that health risk behaviors cause much of the illness, suffering, and early death, the promise of Precision medicine can not be realized through Genomics alone. Thus there is growing interest in data driven techniques for patient monitoring, user modeling, and consumer engagement to help “close the gap between what we are born with and what we die from”. Moreover, consumers have embraced technology across demographics (sometimes too much) and the Healthcare system is increasingly incentivized to focus on prevention and patient-centric approaches. This makes it the perfect time for the health, tech, and behavioral sciences communities to work together in creating data-driven, design-rich, and behaviorally-insightful innovations and to do it in the bold, rapid-iteration, real world engaged way that computing has transformed almost every other industry and sector. This talk will address related activities at Open mHealth, the Small data lab, and the Mobile research study communities (i.e., ResearchKit(TM) and Research Stack.)

### [PL.03]

#### **Digital mental health: Roads to commercialization**

Geoffrey Baker, *VenAdvisory Services, USA*

Digital Mental Health is vibrant with many behavioral intervention technologies being funded and going to market in the U.S. and internationally. This session will start with snapshots of 1) investor funding for mental health as a digital health category and 2) the current landscape of early stage companies and technologies.

We'll examine the technologies used and current business models, including 2 brief case studies. These business models will be compared with the health service research commercialization model (from R &D to dissemination). We will evaluate the relevance of several innovation and Go-to-Market (GTM) models (Lean Canvas, Disciplined Entrepreneurship, Design Thinking and Learn Startup) as they apply to researcher commercialization efforts.

- What can we learn from these venture stage models?
- How might these learnings be applied to shorten development time and address other needs for health researchers?
- What can be leveraged from these GTM models and what common ground can be found with digital health services research?

[PL.04]

**Life on purpose: Combining predictive modeling, big data, and mobile technology for mindful living and well-being**

Victor Strecher, *University of Michigan School of Public Health, USA*

What is a life worth living? Socrates said that an unexamined life isn't worth living. Aristotle went further to say that a purposeless life isn't even worth examining. How do we effectively use technologies of our digital world to create a life worth living – real health – not just more data? Not just the prevention of disease. How do we use data to create knowledge, and more importantly, use knowledge to create wisdom? Vic Strecher reconsiders directions taken in the health and wellness space and discusses new strategies for examining the daily personal and environmental factors that increase energy and willpower to live for what matters most to an individual, and in doing so, improving health and well-being, resilience, and organizational performance. This presentation incorporates ancient philosophy, the latest scientific knowledge, and advanced technologies to create a new vision for health across the lifespan.

Oral Program				
Wednesday 6 April 2016				
Room	Cove			
15.00-16.00	Elsevier editorial board meeting			
16.00-18.00	ISRII board of directors meeting			
Thursday 7 April 2016				
Room	Grand Concourse			
08.00-19:00	Registration			
Rooms	Sound	Cove	Marina	
09.00-12.00	<b>Workshop</b> <b>[WK 1] Designing engaging short mobile messages and alerts for behavioral health interventions</b> F. Muench*, A. Baumel, <i>Northwell Helth, USA</i>	<b>Workshop</b> <b>[WK 2] Step by step statistical analysis for eHealth randomized clinical trials</b> E. Karin <sup>1,2</sup> , <sup>1</sup> <i>Macquarie University, Australia,</i> <sup>2</sup> <i>eCentreClinic, Australia</i>	<b>Workshop</b> <b>[WK 3] Using mobile applications and wearable technology for assessment and intervention delivery in health research</b> P. Musiat <sup>1,2</sup> , N. Bidargaddi* <sup>2</sup> , M. Ermes <sup>2,3</sup> , S. Orłowski <sup>2</sup> , <sup>1</sup> <i>King's College London, UK,</i> <sup>2</sup> <i>Flinders University, Australia,</i> <sup>3</sup> <i>VTT, Finland</i>	
12.00-13.30	<b>Lunch (On own)</b>			
Room	Elliott Hall			
13.30-14.00	<b>Opening remarks by ISRII president</b> <b>Frances Kay-Lambkin</b> , <i>University of New South Wales, Australia</i>			
14.00-14.45	<b>[PL.01]: Transforming healthCare via science-based technology</b> <b>Lisa A. Marsch</b> , <i>Center for Technology and Behavioral Health, Dartmouth Psychiatric Research Center, Geisel School of Medicine, Dartmouth College, USA</i>			
14.45-15.10	<b>Coffee break - International Promenade</b>			
Rooms	Elliott Hall	Sound	Cove	Marina
15.10-16.40	<b>Breakout 1 (Symposium):</b> Online CBT for insomnia: What about co-morbid disorders? <b>Chair: A van Straten</b> , <i>VU university Amsterdam, The Netherlands</i>  <b>[SY.01] Online cognitive behavioral therapy improves adolescent psychopathology: Results from a randomized controlled trial over 1 year</b> E. de Bruin, <i>University of Amsterdam,</i>	<b>Breakout 2 (Symposium):</b> Barriers and facilitators to the uptake of e-Mental health interventions: What are they and how can we overcome them? <b>Chair: David C Mohr</b> , <i>Northwestern University, USA</i>  <b>[SY.06] Are consumers ready for e-mental health: A snapshot of the attitudes and preferences of adolescents, parents, adults and clinicians</b>	<b>Breakout 3 (Symposium):</b> European conserted research on Internet-based prevention and treatment of mental disorders across the lifespan <b>Chair: H. Ripper</b> , <i>Vrije Universiteit, The Netherlands</i>  <b>[SY.10] Translational research on internet interventions for depression in Europe: The MasterMind project</b> C. Duedal Pedersen* <sup>1,2</sup> , P.D.C. Vis <sup>3,4</sup> , M. Atipei Craggs <sup>1,2</sup> , A. Etzelmueller <sup>6</sup> , A.	<b>Breakout 4 (Symposium):</b> MicroMOOIs: Doing more by doing less <b>Chair: Yan Leykin</b> , <i>Palo Alto University, USA</i>  <b>[SY.14] A micro-intervention produces short-term, but no long-term gains in mood and distress</b> A. Elefant* <sup>1</sup> , O. Contreras <sup>2</sup> , M.D. Latham <sup>3</sup> , T.M. Rutter <sup>2</sup> , M.S. Gross <sup>2</sup> , L.B. Dunn <sup>4</sup> , R.F. Muñoz <sup>1,2</sup> , Y. Leykin <sup>1,2</sup> <sup>1</sup> <i>Palo Alto University, USA,</i> <sup>2</sup> <i>University</i>

	<p><i>The Netherlands</i></p> <p><b>[SY.02] Changes in comorbid depression and anxiety symptoms following use of Internet-delivered self-guided CBT-I</b> L. Ritterband*<sup>1</sup>, F. Thorndike<sup>1</sup>, H. Lord<sup>1</sup>, C. Frederick<sup>1</sup>, L. Gonder-Frederick<sup>1</sup>, K. Ingersoll<sup>1</sup>, M. Quigg<sup>1</sup>, C. Morin<sup>2</sup>, <sup>1</sup>University of Virginia, USA, <sup>2</sup>Université Laval, Canada</p> <p><b>[SY.03] Three-year follow up of two RCT's on Internet-CBT for insomnia: Effects for patients with comorbid major depression, and preventive effects on depression for a non-depressed sample</b> K. Blom*, V. Kaldø, Karolinska Institutet, Sweden</p> <p><b>[SY.04] Internet treatment combining CBT for insomnia and depression, for patients with both diagnoses: Preliminary results of an RCT</b> S. Jernelöv, Karolinska Institute, Sweden</p> <p><b>[SY.05] Treatment of sleep problems after breast cancer</b> E. Dozeman*<sup>1</sup>, A. van Straten<sup>1</sup> <sup>1</sup>InGeest Mental Health Care, The Netherlands, <sup>2</sup>VU University, The Netherlands</p>	<p>S. March*<sup>1</sup>, C. Donovan<sup>2</sup>, G. Sweeney<sup>2</sup> <sup>1</sup>University of Southern Queensland, Australia, <sup>2</sup>Griffith University, Australia</p> <p><b>[SY.07] Let's show and tell: Providing information about eHealth does make a difference</b> L. Casey*, A. Joy, B. Clough, Griffith University, Australia</p> <p><b>[SY.08] Going global: An examination of attitudes and use of e-mental health services across four countries</b> B. Clough*<sup>1,2</sup>, M. Zarean<sup>3</sup>, I. Ruane<sup>4</sup>, N. Mateo<sup>5</sup>, T. Aliyeva<sup>6</sup>, L. Casey<sup>2</sup> <sup>1</sup>University of Southern Queensland, Australia, <sup>2</sup>Griffith University, Australia, <sup>3</sup>Shahid Beheshti University, Iran, <sup>4</sup>Private Practice, South Africa, <sup>5</sup>De La Salle University, The Philippines, <sup>6</sup>Baku State University, Azerbaijan</p> <p><b>[SY.09] Issues for dissemination of e-mental health in primary care: Results of cross-sectional surveys</b> D.J. Kavanagh, Queensland University of Technology, Australia</p>	<p>van Schaik*<sup>7,4</sup>, D.D. Ebert<sup>5,6</sup>, J.H. Smit<sup>7,4</sup>, M.M. Riper<sup>3,4</sup>, <sup>1</sup>Odense University Hospital, Denmark, <sup>2</sup>Centre for Innovative Medical Technology LEAN &amp; Innovation, Denmark, <sup>3</sup>VU University Amsterdam, The Netherlands, <sup>4</sup>EMGO+, The Netherlands, <sup>5</sup>Friedrich-Alexander University Erlangen-Nuremberg, Germany, <sup>6</sup>Schoen Clinic Bad Arolsen, Germany, <sup>7</sup>GGZ InGeest, The Netherlands</p> <p><b>[SY.11] European comparative effectiveness research on Internet-based depression treatment (E-COMPARED)</b> A. Kleiboer*<sup>1</sup>, G. Andersson<sup>2</sup>, N. Toploco<sup>2</sup>, J. Smit<sup>3</sup>, P. Cuijpers<sup>1</sup>, H. Riper<sup>1,3</sup>, E.U. Ecompared<sup>1</sup>, <sup>1</sup>Vrije Universiteit Amsterdam, The Netherlands, <sup>2</sup>Linköping University, Sweden, <sup>3</sup>GGZinGeest/VUmc, The Netherlands</p> <p><b>[SY.12] eCare@home - Tablet-based support for the elderly with bipolar disorder or recurrent depressive episodes</b> J. Smit<sup>1</sup>, J. Ruwaard*<sup>2</sup>, J. Schuurmans<sup>1</sup>, J. Van der Linden<sup>1</sup>, H. Riper<sup>2</sup>, G. Desbarats<sup>4</sup>, T. Gudmundsson<sup>1</sup>, M. Stek<sup>4</sup> <sup>1</sup>GGZ InGeest, The Netherlands, <sup>2</sup>Vrije Universiteit Amsterdam, The Netherlands, <sup>3</sup>The Alloy, UK, <sup>4</sup>HOAS, Norway</p> <p><b>[SY.13] Integrating technology into mental health care delivery in Europe</b></p>	<p><i>of California, San Francisco, USA, <sup>3</sup>University of Oregon, USA, <sup>4</sup>Stanford University, USA</i></p> <p><b>[SY.15] Uptake and usage of intellicare: A publically available suite of mental health and wellbeing apps</b> E.G. Lattie*, E. Sargent, C. Stiles-Shields, K.N. Tomasino, M. Corden, C. Karr, S.M. Schueller, D.C. Mohr Northwestern University, USA</p> <p><b>[SY.16] Micro-interventions to increase engagement in mobile CBT for depression</b> E. Bruehlman-Senecal*<sup>1</sup>, A. Aguilera<sup>1</sup> <sup>1</sup>University of California, USA, <sup>2</sup>University of California, USA</p> <p><b>[SY.17] Mood management effects of a brief online intervention</b> E.L. Bunge*, R. Williamson, M. Cano, R.F. Muñoz, Palo Alto University, USA</p>
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			<b>(ICare)</b> C. Jacobi* <sup>1</sup> , D. Ebert <sup>1</sup> , <sup>1</sup> <i>Technische Universität Dresden, Germany,</i> <sup>2</sup> <i>Friedrich-Alexander Universität Erlangen, Germany</i>	
<i>Rooms</i>	<i>Elliott Hall</i>	<i>Sound</i>	<i>Cove</i>	<i>Marina</i>
16:45-17:30	<p><b>Breakout 1 (Short Symposium):</b> Using innovative e-health and technology to deliver best practices in pain management <b>Chair: C T Chambers, Dalhousie University, Canada</b></p> <p><b>[SY.18] Smartphone Apps for “just-in-time” monitoring and management of pediatric non-cancer pain</b> J. Stinson<sup>1,2</sup>, <sup>1</sup><i>University of Toronto, Canada,</i> <sup>2</sup><i>Hospital for Sick Children, Canada</i></p> <p><b>[SY.19] #ItDoesntHaveToHurt: Using social media to reach parents with research evidence about children’s pain</b> C.T. Chambers*<sup>1</sup>, E. Ehm<sup>2</sup>, M. Barwick<sup>3</sup>, J. Bender<sup>4</sup>, M. Campbell-Yeo<sup>1</sup>, G. Collier<sup>5</sup>, R. Goldman<sup>6</sup>, J. Mogil<sup>7</sup>, K. O’Hara<sup>8</sup>, B. Stevens<sup>3</sup>, J. Stinson<sup>3</sup>, A. Taddio<sup>3</sup>, H. Witteman<sup>9</sup> <sup>1</sup><i>Dalhousie University, Canada,</i> <sup>2</sup><i>Erica Ehm Communications, Canada,</i> <sup>3</sup><i>Hospital for Sick Children, Canada,</i> <sup>4</sup><i>University Health Network, Canada,</i> <sup>5</sup><i>Nova Scotia Health Research Foundation, Canada,</i> <sup>6</sup><i>B.C. Children's Hospital, Canada,</i> <sup>7</sup><i>McGill University, Canada,</i> <sup>8</sup><i>Carleton University, Canada,</i> <sup>9</sup><i>Universite Laval, Canada</i></p>	<p><b>Breakout 2 (Papers):</b> Therapeutic processes and engagement</p> <p><b>[O.01] 16:45-17:00</b> <b>Treatment engagement as a predictor of adolescent treatment outcomes in an internet-delivered cognitive behavioral program for pediatric chronic pain</b> N.M. Alberts*<sup>1,2</sup>, G.G. Tai<sup>2</sup>, E.F. Law<sup>1,2</sup>, T.M. Palermo<sup>1,2</sup>, <sup>1</sup><i>University of Washington, USA,</i> <sup>2</sup><i>Seattle Children's Research Institute, USA</i></p> <p><b>[O.02] 17:00-17:15</b> <b>Evaluating the impact of discussion forum engagement on users within the Mood Swings 2.0 online self-guided program for bipolar disorder</b> E. Gliddon*<sup>1,2</sup>, L. Berk<sup>1,2</sup>, S. Lauder<sup>2,3</sup>, V. Cosgrove<sup>4,5</sup>, D. Grimm<sup>4</sup>, S. Dodd<sup>1,2</sup>, T. Suppes<sup>4,5</sup>, M. Berk<sup>1,2</sup>, <sup>1</sup><i>Deakin University, Australia,</i> <sup>2</sup><i>University of Melbourne, Australia,</i> <sup>3</sup><i>Federation University, Australia,</i> <sup>4</sup><i>VA Palo Alto Health Care System, USA,</i> <sup>5</sup><i>Stanford University, USA</i></p> <p><b>[O.03] 17:15-17:30</b> <b>Cognitive behavioural therapy skills usage as a mechanism of change for internet-delivered Cognitive-</b></p>	<p><b>Breakout 3 (Short Symposium):</b> Building a better e-Health intervention: Using formative research to guide the development of e-Health interventions <b>Chair: Linda Fleisher, Children's Hospital of Philadelphia, USA</b></p> <p><b>[SY.21] African American cancer patients informed decision making for clinical trial participation: Mixed methods formative research to guide critical communication messages and guide intervention development</b> S. Bass*<sup>1</sup>, L. Fleisher<sup>2</sup>, A. Washington<sup>2</sup>, D. Geynisman<sup>2</sup>, L. Maurer<sup>1</sup>, A. Nicholson<sup>3</sup>, <sup>1</sup><i>Temple University, USA,</i> <sup>2</sup><i>Fox Chase Cancer Center, USA,</i> <sup>3</sup><i>University of Pennsylvania, USA</i></p> <p><b>[SY.22] The promise of digital communication technology to advance car seat installation phase I: Learning from parents about what they need in a CRS Mobile App</b> L. Fleisher*<sup>1</sup>, K. Halkyard<sup>1</sup>, F. Winston<sup>1</sup>, M. Norris<sup>2</sup>, <sup>1</sup><i>Children's Hospital of Philadelphia, USA,</i> <sup>2</sup><i>Drexel University, USA</i></p> <p><b>[SY.23] UV4.me: Formative research to develop and test an online skin</b></p>	<p><b>Breakout 4 (Short Symposium):</b> Online treatments for mood and anxiety disorders in primary care: A randomized clinical trial <b>Chair: Bruce L Rollman, University of Pittsburgh, USA</b></p> <p><b>[SY.24] Online treatments for mood and anxiety disorders in primary care: Main outcomes</b> B.L. Rollman*, B. Herbeck Belnap, K. Abebe, J. Karp, M. Spring, S. Rothenberger, A. Rotondi, <i>University of Pittsburgh, USA</i></p> <p><b>[SY.25] The acceptability and impact of Internet-delivered computerized cognitive behavioral therapy for depressed and anxious African Americans and Whites presenting for primary care</b> C. Jonassaint*, B. Herbeck Belnap, K. Abebe, J. Karp, M. Spring, S. Rothenberger, B.L. Rollman, <i>University of Pittsburgh, USA</i></p> <p><b>[SY.26] Testing the "1% Rule" in an Internet support group for mood and anxiety disorders in primary care</b> A. Rotondi*, B. Herbeck Belnap, K. Abebe, J. Karp, M. Spring, S. Rothenberger, B.L. Rollman, <i>University</i></p>

	<b>[SY.20] Use of virtual reality to decrease pain and distress</b> J.I. Gold <sup>1</sup> , <sup>1</sup> University of Southern California, USA, <sup>2</sup> Children’s Hospital of Los Angeles, USA	<b>behavioural therapy for symptoms of anxiety and depression</b> M.D. Terides*, B.F. Dear, V.J. Fogliati, M. Gandy, N. Titov, Macquarie University, Australia	<b>cancer risk reduction intervention for young adults</b> C. Heckman* <sup>1</sup> , S. Darlow <sup>2</sup> , L. Ritterband <sup>3,4</sup> , S. Manne <sup>5</sup> , <sup>1</sup> Fox Chase Cancer Center, USA, <sup>2</sup> NCCN, USA, <sup>3</sup> University of Virginia, USA, <sup>4</sup> BeHealth, USA, <sup>5</sup> Rutgers University, USA	of Pittsburgh, USA
Room	International Promenade			
17.30-19.00	Welcome drinks reception and Poster session I			
Friday 8 April 2016				
Room	Sound			
08.00-08.50	<b>Student and Early Career Mentorship breakfast</b> <b>Description:</b> Students and early career attendees will meet with established researchers and leaders in the field over breakfast to discuss career development in research and practice with digital health technologies			
Room	Elliott Hall			
09.00-09.45	<b>[PL.02]: Leveraging small data to fuel, personalize, sustain, and study health behavior</b> <b>Deborah Estrin, Cornell Tech, USA and Weill Cornell Medical College, USA</b>			
09.45-10.05	Coffee break - International Promenade			
Rooms	Elliott Hall	Sound	Cove	Marina
10.10-11.40	<b>Breakout 1 (Symposium):</b> Use of patient-generated data beyond self-regulation <b>Chair: S A Munson, University of Washingtno, USA</b>  <b>[SY.27] Using personal data in everyday life: Actionable insights, self-representation and eliciting support</b> D.A. Epstein*, F. Cordeiro, B.H. Jacobson, A. Ping, E. Bales, J. Fogarty, S.A. Munson, University of Washington, USA  <b>[SY.28] Patient and provider goals and collaboration process of using patient-generated data</b> C-F. Chung*, K. Dew, J. Cook, E. Bales,	<b>Breakout 2 (Symposium):</b> Apps, websites, Twitter, smartphones and facial features: Suicide prevention through technology <b>Chair: H Christensen, Black Dog Institute, Australia</b>  <b>[SY.32] Web and app based suicide prevention interventions: The results of three randomised controlled trials</b> H. Christensen* <sup>1</sup> , B. Van Spijker <sup>1,2</sup> , F. Shand <sup>1</sup> , L. Ritterband <sup>1,3</sup> , <sup>1</sup> Black Dog Institute, Australia, <sup>2</sup> Australian National University, Australia, <sup>3</sup> University of Viginia, USA  <b>[SY.33] Using twitter to detect and monitor suicide risk in individuals and communities</b>	<b>Breakout 3 (Panel)</b>  <b>[PN.01] Models for supporting behavioral intervention technologies</b> S.M. Schueller* <sup>1</sup> , G. Andersson <sup>4</sup> , H.D. Hadjistavropoulos <sup>2</sup> , N. Titov <sup>3</sup> , K.N. Tomasino <sup>1</sup> , <sup>1</sup> Northwestern University, USA, <sup>2</sup> University of Regina, Canada, <sup>3</sup> Macquarie University, Australia, <sup>4</sup> Linköping University, Sweden	<b>Breakout 4 (Symposium):</b> Enhancing engagement in digital mental health interventions: Exploring predictors and methods of engagement <b>Chair: M. Jones, Lantern, USA</b>  <b>[SY.36] Using technology to improve eating disorders treatment</b> C.B. Taylor* <sup>1,2</sup> , A.E. Kass <sup>3</sup> , E.E. Fitzsimmons-Craft <sup>4</sup> , D.M. Eichen <sup>5</sup> , C. Jacobi <sup>6</sup> , G. Monterubio <sup>3</sup> , M. Jones <sup>7</sup> , D.E. Wilfley <sup>4</sup> , <sup>1</sup> Palo Alto University, USA, <sup>2</sup> Stanford University, USA, <sup>3</sup> University of Chicago, USA, <sup>4</sup> Washington University, USA, <sup>5</sup> UCSD, USA, <sup>6</sup> Dresden University of Technology, USA, <sup>7</sup> Latern, USA  <b>[SY.37] Efficacy of an internet-based</b>

	<p>A.M. Cole, J. Zia, J.A. Fogarty, J.A. Kientz, S.A. Munson, <i>University of Washington, USA</i></p> <p><b>[SY.29] Self-experimentation in personalized health</b> R. Karkar*, J. Schroeder, J. Zia, R. Vilardaga, S. Mishra, J. Fogarty, S. Munson, J. Kientz, <i>University of Washington, USA</i></p> <p><b>[SY.30] Using personal data to elicit behavior change plans from friends and strangers</b> E. Agapie*, L. Colusso, S.A. Munson, G. Hsieh, <i>University of Washington, USA</i></p> <p><b>[SY.31] Adapting personal health behavior informatics based on patient readiness to change</b> J.L. Villatte*, P.C. Clasen, D.C. Atkins, <i>University of Washington, USA</i></p>	<p>B. O'Dea, <i>BlackDog Institute, Australia</i></p> <p><b>[SY.34] Measuring social connectivity and social withdrawal with a smartphone app</b> M. Larsen*<sup>1</sup>, T. Boonstra<sup>2</sup>, <sup>1</sup><i>Black Dog Institute, Australia</i>, <sup>2</sup><i>School of Psychiatry, UNSW, Australia</i></p> <p><b>[SY.35] Modeling human communication dynamics related to Psychological distress</b> L-P. Morency, <i>Carnegie Mellon University, USA</i></p>	<p><b>prevention program in a female population with subclinical anorexia nervosa</b> C. Jacobi<sup>1</sup>, B. Vollert*<sup>1</sup>, K. Hütter<sup>1</sup>, P. von Bloh<sup>1</sup>, N. Eiterich<sup>1</sup>, D. Wilfley<sup>3</sup>, C.B. Taylor<sup>2</sup>, <sup>1</sup><i>Technische Universität Dresden, Germany</i>, <sup>2</sup><i>Stanford University, USA</i>, <sup>3</sup><i>Washington University in St. Louis, USA</i></p> <p><b>[SY.38] Implementing a stepped-care model of digital mental health interventions in indian universities: The role of engagement in development</b> N. Kanuri*<sup>1,9</sup>, M.G. Newman<sup>3</sup>, J.I. Ruzek<sup>2,4</sup>, E. Kuhn<sup>4</sup>, M. Manjula<sup>5</sup>, M. Jones<sup>8</sup>, N. Thomas<sup>6</sup>, J.M. Abbott<sup>6</sup>, S. Sharma<sup>7</sup>, C.B. Taylor<sup>1,2</sup> et al <sup>1</sup><i>Stanford University School of Medicine, USA</i>, <sup>2</sup><i>The mHealth Institute at Palo Alto University, USA</i>, <sup>3</sup><i>The Pennsylvania State University, USA</i>, <sup>4</sup><i>National Center for PTSD, VA Palo Alto Health Care System, USA</i>, <sup>5</sup><i>National Institute of Mental Health and Neuro Sciences, India</i>, <sup>6</sup><i>Swinburne University of Technology, Australia</i>, <sup>7</sup><i>Reach Beyond NGO, India</i>, <sup>8</sup><i>Lantern, USA</i>, <sup>9</sup><i>Mana Maali, USA</i></p> <p><b>[SY.39] The Tech perspective: The Impact of UX/UI design and coaching on user engagement</b> M.J. Jones<sup>1,2</sup>, <sup>1</sup><i>Lantern, USA</i>, <sup>2</sup><i>Stanford University, USA</i></p>
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Rooms	Elliott Hall	Sound	Cove	Marina
11.45-12.30	<p><b>Breakout 1 (Papers): Youth and young adults</b></p> <p><b>[O.04] 11:45-12:00</b>  <b>Chat-supported guided and tailored ICBT for adolescents with depression: A randomized controlled trial</b>  N. Topooco<sup>*1</sup>, M. Berg<sup>1</sup>, L. Liljethörn<sup>1</sup>, S. Johansson<sup>1</sup>, E. Radvogin<sup>1</sup>, L. Bergman Nordgren<sup>1</sup>, M. Zetterqvist<sup>1</sup>, G. Andersson<sup>1,2</sup>, <sup>1</sup>Linköping University, Sweden, <sup>2</sup>Karolinska Institute, Sweden</p> <p><b>[O.05] 12:00-12:15</b>  <b>Social media engagement for sexual health promotion among hispanic young adults</b>  E. Wagner<sup>1,2</sup>, M. Hospital<sup>1,2</sup>, S. Morris<sup>1,2</sup>, M. Howard<sup>1,2</sup>, J. Graziano<sup>1,2</sup>, S. Fernandez<sup>*1,2</sup>, <sup>1</sup>Florida International University, USA, <sup>2</sup>FIU-BRIDGE, USA</p> <p><b>[O.06] 12:15-12:30</b>  <b>Development and evaluation of BreakupShakeup: An iPhone app for adolescents</b>  D.J. Kavanagh<sup>*1,3</sup>, L. Hides<sup>1,3</sup>, S. Stoyanov<sup>1,3</sup>, M. Price<sup>1,3</sup>, O. Zelenko<sup>1,3</sup>, J. Dalglish<sup>2</sup>, <sup>1</sup>Queensland University of Technology, Australia, <sup>2</sup>Kids Helpline, Australia, <sup>3</sup>Young &amp; Well Cooperative Research Centre, Australia</p>	<p><b>Breakout 2 (Short Symposium):</b>  Mental health disorders and engagement with e-Health interventions for smoking cessation: Informing the development of tailored interventions  <b>Chair: Noreen L Watson, Fred Hutchinson Cancer Research, USA</b></p> <p><b>[SY.40] Depression and social anxiety as predictors of adherence and social engagement with a web-based smoking intervention</b>  N.L. Watson<sup>*1</sup>, K.E. Mull<sup>1</sup>, J.L. Heffner<sup>1</sup>, V. Sridharan<sup>1,2</sup>, E.Y. Zeng<sup>1</sup>, J.B. Bricker<sup>1,2</sup>, <sup>1</sup>Fred Hutchinson Cancer Research Center, USA, <sup>2</sup>University Of Washington, USA</p> <p><b>[SY.41] Do smokers with bipolar disorder engage less with a mmoking cessation website?</b>  J.L. Heffner<sup>*1</sup>, K.E. Mull<sup>1</sup>, E.Y. Zeng<sup>1</sup>, N.L. Watson<sup>1</sup>, V. Sridharan<sup>1,2</sup>, J.B. Bricker<sup>1,2</sup>, <sup>1</sup>Fred Hutchinson Cancer Research Center, USA, <sup>2</sup>University of Washington, USA</p> <p><b>[SY.42] Are top-rated quit smoking mobile applications usable by people with Schizophrenia?</b>  J.C. Ferron<sup>*</sup>, M.F. Brunette, Geisel School of Medicine at Dartmouth College, USA</p>	<p><b>Breakout 3 (Papers): Design</b></p> <p><b>[O.07] 11:45-12:00</b>  <b>Flat explicit design model: Critical elements for designing E-health applications for individuals with severe mental illness</b>  A.J. Rotondi<sup>*1,2</sup>, G.L. Haas<sup>1,2</sup>, B.H. Hanusa<sup>2</sup>, B.R. Rollman<sup>1</sup>, B.H. Belnap<sup>1</sup>, M. Spring<sup>1,1</sup>, <sup>1</sup>University of Pittsburgh, USA, <sup>2</sup>Mental Illness Research, Education and Clinical Center (MIRECC), USA, <sup>3</sup>Center for Health Equity Research and Promotion (CHERP), USA</p> <p><b>[O.08] 12:00-12:15</b>  <b>Utilizing cognitive space and crowds to create diverse and engaging behaviour change triggers</b>  R.D. Kocielnik<sup>*</sup>, G. Hsieh, University of Washington, USA</p> <p><b>[O.09] 12:15-12:30</b>  <b>Unravelling the design and development of a mobile health intervention for social anxiety: A software development perspective</b>  B. Loo Gee<sup>*1</sup>, K.M. Griffiths<sup>1</sup>, J. Reynolds<sup>1</sup>, A. White<sup>2</sup>, <sup>1</sup>Australian National University, Australia, <sup>2</sup>Universität Mannheim, Germany</p>	<p><b>Breakout 4 (Papers): Mental health</b></p> <p><b>[O.10] 11:45-12:00</b>  <b>Moderators of treatment response in self-guided web based interventions for depression, an individual patient data meta-analysis</b>  E. Karyotaki<sup>*1</sup>, A. Kleiboer<sup>1</sup>, H. Riper<sup>1</sup>, T. Berger<sup>2</sup>, C. Botella<sup>3</sup>, J.M. Breton Lopez<sup>3</sup>, H. Christensen<sup>4</sup>, E. de Graaf<sup>5</sup>, L. Farrer<sup>7</sup>, S. Gilbody<sup>7</sup> et al, <sup>1</sup>VU Amsterdam, The Netherlands, <sup>2</sup>University of Bern, Switzerland, <sup>3</sup>Jaume University, Spain, <sup>4</sup>Black Dog Institute and University of New South Wales, Australia, <sup>5</sup>Maastricht University, The Netherlands, <sup>6</sup>The Australian National University, Australia, <sup>7</sup>University of York, UK</p> <p><b>[O.11] 12:00-12:15</b>  <b>Embodied conversational agents in clinical psychology: Results of a scoping review</b>  S.J. Provoost<sup>*1,3</sup>, H.M. Lau<sup>2,3</sup>, J. Ruwaard<sup>1,3</sup>, H. Riper<sup>1,3</sup>, <sup>1</sup>VU University Amsterdam, The Netherlands, <sup>2</sup>GGZ inGeest, The Netherlands, <sup>3</sup>EMGO+ Institute, The Netherlands</p> <p><b>[O.12] 12:15-12:30</b>  <b>Impact of daily prompts and self-monitoring in a computerized trans-diagnostic Dialectical Behavior Therapy skills training for emotion dysregulation</b>  A. Lungu<sup>1,2</sup>, G. Zieve<sup>*1</sup>, C. Wilks<sup>1</sup>, M.</p>

				Krek <sup>1</sup> , A. Potts <sup>1</sup> , H. Lessing <sup>1</sup> , M. Navarro <sup>1</sup> , M. Linehan <sup>1</sup> , <sup>1</sup> University of Washington, USA, <sup>2</sup> University of California, USA
Room	International Promenade			
12.30-13.00	Lunch			
13:00-14:00	<p><b>Poster session II/Demonstrations/ Exhibits</b>  <b><u>Demonstrations</u></b></p> <p><b>[D.01] Demonstration of an exposure therapy mobile app for social anxiety</b>  B. Loo Gee <sup>*1</sup>, K.M. Griffiths<sup>1</sup>, J. Reynolds<sup>1</sup>, A. White<sup>2</sup>, <sup>1</sup>Australian National University, Australia, <sup>2</sup>Universität Mannheim, Germany</p> <p><b>[D.02] Lantern: Personalized coaching and digital CBT to improve emotional wellbeing</b>  M. Jones <sup>*1</sup>, <sup>1</sup>Lantern, USA, <sup>2</sup>Stanford University, USA</p> <p><b>[D.03] "Target", the interactive therapeutic tool that assists in reaching one's personal goals</b>  C.G. Woelk <sup>*1</sup>, C. Woelk<sup>1</sup>, S. Bernotat<sup>1</sup>, <sup>1</sup>University of Osnabrueck, Germany</p> <p><b>[D.04] Online strategies for early intervention in online gaming addiction</b>  H. Boonen <sup>*1,2</sup>, D. Nijs<sup>1</sup>, <sup>1</sup>UCLL, Belgium, <sup>2</sup>KULeuven, Belgium</p> <p><b>[D.05] Demonstration of CARRII: An internet intervention to reduce the risk of alcohol-exposed pregnancy</b>  K.S. Ingersoll <sup>*1</sup>, L. Ritterband<sup>1</sup>, K.E. MacDonnell<sup>1</sup>, M. Hilgart<sup>1</sup>, S. Johnson<sup>1</sup>, C. Frederick<sup>1</sup>, <sup>1</sup>University of Virginia, USA</p> <p><b>[D.06] PflegeTab: Enhancing quality of life using a psychosocial internet-based intervention for residential dementia care</b>  J-N. Antons <sup>*1</sup>, J. O'Sullivan<sup>2</sup>, S. Arndt<sup>1</sup>, P. Gellert<sup>2</sup>, J. Nordheim<sup>2</sup>, A. Kuhlmeier<sup>2</sup>, S. Möller<sup>1</sup>, <sup>1</sup>Technische Universität Berlin, Germany, <sup>2</sup>Charité - Universitätsmedizin Berlin, Germany</p>			
Room	Elliott Hall			
14.00-14.45	<p><b>[PL.03]: Digital mental health: Roads to commercialization</b>  Geoffrey Baker, VenAdvisory Services, USA</p>			
14.45-15.05	Coffee break - International Promenade			
Rooms	Elliott Hall	Sound	Cove	Marina
15.10-16.40	<p><b>Breakout 1 (Symposium):</b>  Implementing and upscaling eMental health in routine care across the world  <b>Chair: D J Kavanagh, QUT, Australia</b></p>	<p><b>Breakout 2 (Symposium):</b>  Occupational health: Promoting workers health via Internet Interventions</p>	<p><b>Breakout 3 (Panel)</b>  <b>[PN.02] Challenges, controversies, and the future of developing,</b></p>	<p><b>Breakout 4 (Symposium):</b>  Development and dissemination of Mobile Apps for ptsd and anxiety  <b>Chair: J E Owen, National Center for</b></p>

	<p><b>[SY.43] E-Mental health in practice: Preliminary outcomes of a national project rolling out e-mental health in primary care</b> D.J. Kavanagh, <i>Queensland University of Technology, Australia</i></p> <p><b>[SY.44] Indicated web-based prevention of major depression: Results of a pragmatic randomized controlled trial</b> D.D. Ebert<sup>*1,2</sup>, C. Buntrock<sup>2,3</sup>, D. Lehr<sup>2</sup>, F. Smit<sup>3</sup>, H. Riper<sup>2,3</sup>, M. Berking<sup>1</sup>, P. Cuijpers<sup>2,3</sup>, <sup>1</sup><i>Friedrich-Alexander University Erlangen-Nuremberg, Germany</i>, <sup>2</sup><i>Leuphana University Lüneburg, Germany</i>, <sup>3</sup><i>VU University, The Netherlands</i></p> <p><b>[SY.45] Implementing transdiagnostic internet-delivered cognitive behaviour therapy in distributed community settings: Using the consolidated framework for implementation research to identify implementation facilitators and constraints</b> H. Hadjistavropoulos<sup>*1</sup>, K. Owens<sup>2</sup>, <sup>1</sup><i>University of Regina, Canada</i>, <sup>2</sup><i>Regina Qu'Appelle Health Region, Canada</i></p> <p><b>[SY.46] Implementing evidence-based e-mental health in routine practice: A systematic review using RE-AIM</b> P.D.C. Vis<sup>*1,2</sup>, M.M. Mol<sup>3,2</sup>, A.M. Kleiboer<sup>1,2</sup>, J.H. Smit<sup>3,2</sup>, M.M. Riper<sup>1,2</sup>, <sup>1</sup><i>VU University Amsterdam, The</i></p>	<p><b>Chair: E.Heber, <i>Leuphana University Germany</i></b></p> <p><b>[SY.50] iSTRESS. Individually tailored cognitive behaviour therapy delivered via the internet for middle managers with stress-related symptoms. A randomised controlled trial</b> G. Andersson<sup>*1</sup>, R. Persson-Asplund<sup>2</sup>, <sup>1</sup><i>Linköping University, Sweden</i>, <sup>2</sup><i>Karolinska Institute, Sweden</i></p> <p><b>[SY.51] The efficacy of an internet- and mobile-based stress management intervention in employees in different guidance formats - The results of three randomised controlled trials</b> E. Heber<sup>*1</sup>, D. Lehr<sup>1</sup>, M. Berking<sup>2</sup>, H. Riper<sup>3</sup>, D.D. Ebert<sup>2</sup>, <sup>1</sup><i>Leuphana University, Germany</i>, <sup>2</sup><i>Friedrich-Alexander-University, Germany</i>, <sup>3</sup><i>VU University Amsterdam, The Netherlands</i></p> <p><b>[SY.52] Who profits from internet-based stress-management. Who doesn't? moderators of treatment outcome from three randomized controlled trials</b> K. Weisel<sup>*1</sup>, D. Lehr<sup>2</sup>, E. Heber<sup>2</sup>, M. Berking<sup>1,2</sup>, A. Zarski<sup>1,2</sup>, D. Ebert<sup>1,2</sup>, <sup>1</sup><i>Friedrich-Alexander-University Nuremberg-Erlangen, Germany</i>, <sup>2</sup><i>Leuphana University, Germany</i></p> <p><b>[SY.53] Cost-effectiveness and cost-utility of internet-based stress-management. An economic analysis</b></p>	<p><b>evaluating, and implementing Internet interventions</b> L. Ritterband, <i>University of Virginia, USA</i></p>	<p><i>PTSD, USA</i></p> <p><b>[SY.55] Engagement with the PTSD Family Coach mobile app: Optimization test of alternative versions</b> J.E. Owen<sup>*</sup>, B.K. Jaworski, E.R. Kuhn, K.M. Ramsey, J.E. Hoffman, C. Rosen, <i>VA Palo Alto Health Care System, USA</i></p> <p><b>0295-[SY.56] Clinician perspectives on using mHealth and Internet technologies in treatment of PTSD</b> J.I. Ruzek<sup>*1</sup>, L.C. Welch<sup>2</sup>, A. Dossa<sup>2</sup>, A. Eftekhari<sup>1</sup>, K.C. Sears<sup>1</sup>, R.C. Rosen<sup>2</sup>, <sup>1</sup><i>VA Palo Alto Health Care System, USA</i>, <sup>2</sup><i>New England Research Institutes Center for Qualitative Research, USA</i></p> <p><b>[SY.57] Using a community-based participatory research (CBPR) approach to implement and evaluate digital mental health interventions in indian universities</b> N. Kanuri<sup>*1,7</sup>, M.G. Newman<sup>3</sup>, B. Colaco<sup>2,7</sup>, S. Singampalli<sup>9,7</sup>, J.I. Ruzek<sup>2,4</sup>, E. Kuhn<sup>4</sup>, M. Manjula<sup>5</sup>, M. Jones<sup>6</sup>, A. Srivastava<sup>8</sup>, C.B. Taylor<sup>1,2</sup> et al, <sup>1</sup><i>Stanford University School of Medicine, USA</i>, <sup>2</sup><i>The mHealth Institute at Palo Alto University, USA</i>, <sup>3</sup><i>The Pennsylvania State University, USA</i>, <sup>4</sup><i>National Center for PTSD, VA Palo Alto Health Care System, USA</i>, <sup>5</sup><i>National Institute of Mental Health and Neuro Sciences, India</i>, <sup>6</sup><i>Lantern, USA</i>, <sup>7</sup><i>Mana Maali, USA</i>, <sup>8</sup><i>Birla Institute of Technology &amp; Science, Pilani,</i></p>
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	<p>Netherlands,<sup>2</sup>EMGO+, The Netherlands,<sup>3</sup>GGZ InGeest, The Netherlands</p> <p><b>[SY.47] The MindSpot Clinic: Lessons from an online mental health clinic delivering services to 20,000 Australians per year</b> N. Titov*, B.F. Dear, Macquarie University, Australia</p> <p><b>[SY.48] Implementing iCBT for depression into routine care of 11 European countries. Preliminary results from the MasterMind trial</b> A. Etzelmueller*<sup>1,2</sup>, C. Vis<sup>3</sup>, C.D. Pedersen<sup>4</sup>, M.A. Craggs<sup>4</sup>, M. Mol<sup>5</sup>, H. Riper<sup>3</sup>, D.D. Ebert<sup>1,2</sup>, <sup>1</sup>University of Erlangen Nuremberg, Germany, <sup>2</sup>Schoen Clinic Bad Arolsen, Germany, <sup>3</sup>VU University Amsterdam, The Netherlands, <sup>4</sup>OUH Odense University Hospital, Denmark, <sup>5</sup>GGZ inGeest, The Netherlands</p> <p><b>[SY.49] ICBT in real life</b> G. Andersson, Linköping University, Sweden</p>	<p><b>alongside a randomized controlled trial</b> D.D. Ebert*<sup>1</sup>, D. Lehr<sup>2</sup>, E. Heber<sup>2</sup>, C. Buntrock<sup>2,3</sup>, S. Nobis<sup>2</sup>, H. Riper<sup>2,3</sup>, F. Smit<sup>3</sup>, M. Berking<sup>1</sup>, <sup>1</sup>Friedrich-Alexander University Erlangen-Nuremberg, Germany, <sup>2</sup>Leuphana University Lüneburg, Germany, <sup>3</sup>VU University, The Netherlands</p> <p><b>[SY.54] Web-based interventions for mental health promotion in employees: A systematic review and meta-analysis</b> D. Lehr<sup>1</sup>, E. Heber*<sup>1</sup>, D.D. Ebert<sup>1</sup>, <sup>1</sup>Leuphana University, Germany, <sup>2</sup>Friedrich-Alexander-University, Germany</p>		<p>Hyderabad Campus, India,<sup>9</sup>University of Southern California, USA</p> <p><b>[SY.58] Emerging research on the PTSD coach Mobile App</b> E. Kuhn*<sup>1,2</sup>, N. Karnuri<sup>2,1</sup>, K. Possemato<sup>3</sup>, J. Owen<sup>1</sup>, A. Miner<sup>2</sup>, J. Hoffman<sup>1</sup>, J. Ruzek<sup>1,2</sup>, C.B. Taylor<sup>4,2</sup>, <sup>1</sup>VA National Center for PTSD, USA, <sup>2</sup>Stanford University School of Medicine, USA, <sup>3</sup>VA Center for Integrated Healthcare, USA, <sup>4</sup>Palo Alto University, USA</p>
<i>Rooms</i>	<i>Elliott Hall</i>	<i>Sound</i>	<i>Cove</i>	<i>Marina</i>
16.45-17.30	<p><b>Breakout 1 (Sounding board)</b></p> <p><b>[SB.01] 16:45-16:47</b> <b>Development of a self-regulatory App for adults with Celiac disease</b> A.J. Dowd*<sup>1</sup>, D. Higbee Clarkin<sup>2</sup>, D. Nielsen<sup>3</sup>, S.N. Culos-Reed<sup>1</sup>, <sup>1</sup>University of Calgary, Canada, <sup>2</sup>WholeLife HealthTech Inc, Canada, <sup>3</sup>Desiree</p>	<p><b>Breakout 2 (Papers): RCT outcomes 1</b></p> <p><b>[O.13] 16:45-17:00</b> <b>Effectiveness of a brief online mental health program for the workplace - A randomized controlled trial</b> K.M. Griffiths<sup>1</sup>, K. Bennett*<sup>1</sup>, J. Walker<sup>1</sup>, S. Goldsmid<sup>2</sup>, <sup>1</sup>The Australian National University, Australia,</p>	<p><b>Breakout 3 (Short symposium): Tales from the coalface: Delivering child and adolescent anxiety and depression e-therapies at a community and national level</b> <b>Chair: K Stasiak, University of Auckland, New Zealand</b></p> <p><b>[SY.59] National dissemination of</b></p>	<p><b>Breakout 4 (Papers): Cancer</b></p> <p><b>[O.16] 16:45-17:00</b> <b>Implementing an evidence-based self-help website for early breast cancer survivors into standard follow-up care: The BREATH roadmap</b> S.W. van den Berg*<sup>1</sup>, J.F. Kraaijeveld<sup>2</sup>, J.B. Prins<sup>1</sup>, <sup>1</sup>Radboud University</p>

	<p>Nielsen Nutrition Consulting, Canada</p> <p><b>[SB.02] 16:47-16:49</b>  <b>Sounding board on integrating mental health care components within a relationship education app</b>  S. Conner*, A. Vennum, <i>Kansas State University, USA</i></p> <p><b>[SB.03] 16:49-16:51</b>  <b>An eHealth adaptation of the Surviving Cancer Competently Intervention Program (SCCIP): introducing eSCCIP</b>  K.S. Canter*, A.E. Kazak, <i>Nemours Children's Health System, USA</i></p> <p><b>[SB.04] 16:51-16:53</b>  <b>Understanding and delivering the units of effective treatment and prevention for mental health in adolescence</b>  L.B. Timmons, <i>Dartington Social Research Unit, UK</i></p> <p><b>[SB.05] 16:53-16:55</b>  <b>Pilot study of a therapist-assisted, internet-based, cognitive-behavioural therapy for cardiac patients with depression</b>  M.H. Mackay<sup>1,2</sup>, Q.R. Young<sup>2</sup>, S. Grace<sup>3</sup>, S. Lear<sup>4,2</sup>, M. Gao<sup>1</sup>, S. Abbey<sup>5</sup>, C.R. Thompson<sup>1,2</sup>, <sup>1</sup><i>University of British Columbia, Canada</i>, <sup>2</sup><i>Providence Health Care, Canada</i>, <sup>3</sup><i>York University, Canada</i>, <sup>4</sup><i>Simon Fraser University, Canada</i>, <sup>5</sup><i>University of Toronto, Canada</i></p>	<p><sup>2</sup><i>Australian Institute of Criminology, Australia</i></p> <p><b>[O.14] 17:00-17:15</b>  <b>Thanks for pleasant moments. Efficacy of an online- and smartphone-based Gratitude training - a randomized controlled trial</b>  D. Lehr<sup>1</sup>, H. Freund<sup>2</sup>, D.D. Ebert<sup>3</sup>, B. Funk<sup>1</sup>, M. Berking<sup>3</sup>, B. Sieland<sup>1</sup>, H. Riper<sup>4</sup>, L. Ebenfeld<sup>*1</sup>, E. Heber<sup>1</sup>, <sup>1</sup><i>Leuphana University, Germany</i>, <sup>2</sup><i>Tabor Protestant University of Applied Sciences, Germany</i>, <sup>3</sup><i>Friedrich-Alexander-University, Germany</i>, <sup>4</sup><i>VU University, The Netherlands</i></p> <p><b>[O.15] 17:15-17:30</b>  <b>Individually tailored internet-based treatment for depression and comorbid conditions in primary care - A large multicenter RCT</b>  M. Kraepelien, <i>Karolinska Institutet, Sweden</i></p>	<p><b>BRAVE Self-Help for child and adolescent anxiety: Results from the first 18-months of service delivery</b>  S. March<sup>*1</sup>, S. Spence<sup>2</sup>, C. Donovan<sup>2</sup>, J. Kenardy<sup>3</sup>, <sup>1</sup><i>University of Southern Queensland, Australia</i>, <sup>2</sup><i>Griffith University, Australia</i>, <sup>3</sup><i>University of Queensland, Australia</i></p> <p><b>[SY.60] Delivering solid evidence based treatment on shaky ground: BRAVE and the Christchurch earthquakes</b>  S. Moor<sup>*1</sup>, K. Stasiak<sup>1</sup>, <sup>1</sup><i>University of Otago, New Zealand</i>, <sup>2</sup><i>University of Auckland, New Zealand</i></p> <p><b>[SY.61] Navigating the challenges of developing and disseminating online and smartphone application treatments for childhood anxiety disorders in the UK</b>  C. Hill*, C. Creswell, <i>University of Reading, UK</i></p> <p><b>[SY.62] Fighting gloom and finding SPARX - National implementation of an online therapy for adolescent depression in New Zealand</b>  K. Stasiak*, M. Shepherd, T. Fleming, S.N. Merry, <i>University of Auckland, New Zealand</i></p>	<p><i>Medical Centre, The Netherlands</i>, <sup>2</sup><i>IPPZ ICT&amp;Consultancy for Healthcare, The Netherlands</i></p> <p><b>[O.17] 17:00-17:15</b>  <b>Routine pain monitoring in palliative cancer: Development of a patient self-report electronic tool</b>  B.M. Bewick*, S. Taylor, M. Allsop, M. Bennett, <i>School of Medicine, University of Leeds, UK</i></p> <p><b>[O.18] 17:15-17:30</b>  <b>Addressing sexual concerns amongst cancer survivors and their partners using an online tailored resource: Lessons learned from the design, recruitment and baseline characteristics of Rekindle</b>  C. Lawsin<sup>*1</sup>, P. Butow<sup>1</sup>, A. Miller<sup>2</sup>, J. Kay<sup>1</sup>, K. McGeechan<sup>1</sup>, I. Juraskova<sup>1</sup>, F. Boyle<sup>1</sup>, L. Ritterband<sup>3</sup>, K. Hobbs<sup>4</sup>, A. Beaumont<sup>1</sup> et al, <sup>1</sup><i>University of Sydney, Australia</i>, <sup>2</sup><i>Cancer Council NSW, Australia</i>, <sup>3</sup><i>BeHealth Solutions, USA</i>, <sup>4</sup><i>Westmead Hospital, Australia</i>, <sup>5</sup><i>McGill University, Canada</i>, <sup>6</sup><i>University of British Columbia, Canada</i></p>
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19.30-10.00	Gala Dinner - (Optional – tickets can be purchased)			
Saturday 9 April 2016				
Room	Cove			
08.00-08.50	General business meeting of members			
Rooms	Elliott Hall	Sound	Cove	Marina
09.00-09.45	<b>Breakout 1 (Short symposium):</b> Digital interventions for the management of recurrent and chronic pain in children and adolescents <b>Chair: A Huguet, IWK Health Centre, Canada</b>  <b>[SY.63] Development of self-management interventions to support adolescents with migraine</b> A. Huguet <sup>1,2</sup> , <sup>1</sup> IWK Health Centre, Canada, <sup>2</sup> Dalhousie University, Canada <b>[SY.64] DARWeb: Testing the feasibility of an online intervention for children with functional abdominal pain and their families</b> E. Hernández-Encuentra*, R. Nieto, M. Boixadós, I. Beneitez, A. Huguet, P. McGrath, <i>Universitat Oberta de Catalunya, Spain</i>  <b>[SY.65] Lessons learned in the design and implementation of a multicenter randomized controlled trial of internet-delivered cognitive-behavioral therapy for pediatric chronic pain</b> T.M. Palermo, <i>University of Washington, USA</i>  <b>[SY.66] Opportunities and challenges of scaling and sustaining web and mobile applications in pediatric</b>	<b>Breakout 2 (Short Symposium):</b> Moving eMental health from research to implementation: The eCentreClinic and MindSpot clinics <b>Chair: N Titov, Macquarie University, Australia</b>  <b>[SY.67] Results of four randomized controlled trials evaluating the relative benefits of transdiagnostic vs. disorder-specific internet-delivered cognitive behavioural therapy interventions treatments for adults with Major Depressive Disorder, Generalized Anxiety Disorder, Social Anxiety Disorder, or Panic Disorder: The Wellbeing Course</b> B. Dear, <i>Macquarie University, Australia</i>  <b>[SY.68] A randomized controlled trial evaluating the efficacy of clinician and self-guided versions of an internet-delivered cognitive behavioural therapy course for older adults with symptoms of anxiety and depression, the Wellbeing Plus Course</b> L. Staples, <i>Macquarie University, Australia</i>  <b>[SY.69] A randomized controlled trial evaluating the efficacy of clinician-guided and self-guided an internet-</b>	<b>Breakout 3 (Papers): Consumers and end users</b>  <b>[O.19] 09:00-09:15</b> <b>Exploring perceptions of evidence in digital health: A national survey of consumers</b> L. Fleisher*, K. Halkyard, F. Winston, <i>Children's Hospital of Philadelphia, USA</i>  <b>[O.20] 09:15-09:30</b> <b>Incorporating end-user input to develop learning objectives and content for web-based courses on open notes for VA mental health clinicians and veterans</b> M.K. Pisciotta*, L.M. Denneson, L.E. Jacobson, R.D. Cromer, H.B. Williams, S.S. Woods, S.K. Dobscha, <i>Veteran Affairs, USA</i>  <b>[O.21] 09:30-09:45</b> <b>Identifying leaders in online health communities</b> B. Carron-Arthur* <sup>1</sup> , K. Ali <sup>1</sup> , J.A. Cunningham <sup>1,2</sup> , K.M. Griffiths <sup>1</sup> , <sup>1</sup> The Australian National University, Australia, <sup>2</sup> Centre for Addiction and Mental Health, Canada	<b>Breakout 4 (Papers): Mobile assessment</b>  <b>[O.22] 09:00-09:15</b> <b>Clinical severity of depression using machine learning among users of a digital mental health platform</b> H. Chung <sup>1</sup> , C. Harding* <sup>2</sup> , G. Potter <sup>3</sup> , <sup>1</sup> Albert Einstein College of Medicine, USA, <sup>2</sup> Big White Wall Ltd, UK, <sup>3</sup> RecSys Ltd, UK  <b>[O.23] 09:15-09:30</b> <b>A mobile mental health platform for depression: Improving outcomes and reach</b> G. De, L. Kaye, S. Moturu, A. Withrow*, A. Madan, <i>Ginger.io, USA</i>  <b>[O.24] 09:30-09:45</b> <b>Does my phone know if I'm depressed? Predicting daily mood from mobile phone usage</b> D.C. Atkins* <sup>1</sup> , M. Tanana <sup>2</sup> , J.T. Jordan <sup>3</sup> , J.A. Anguera <sup>3</sup> , P. Arean <sup>1</sup> , <sup>1</sup> University of Washington, USA, <sup>2</sup> University of Utah, USA, <sup>3</sup> University of California, San Francisco, USA

	<b>chronic pain</b> <i>J. Stinson, The Hospital for Sick Children, Canada</i>	<b>delivered cognitive behavioural therapy course for young adults with symptoms of anxiety and depression: The Mood Mechanic Course</b> <i>V. Fogliati, Macquarie University, Australia</i>  <b>[SY.70] Implementing evidence-based online internet-delivered psychological treatments in routine care at the Australian national MindSpot Clinic: An evaluation of outcomes and discussion of key learnings</b> <i>N. Titov<sup>1,2</sup>, <sup>1</sup>Macquarie University, Australia, <sup>2</sup>MindSpot Clinic, Australia</i>		
09.45-10.10	<b>Coffee break - International Promenade</b>			
<i>Rooms</i>	<i>Elliott Hall</i>	<i>Sound</i>	<i>Cove</i>	<i>Marina</i>
10.10-11.40	<b>Breakout 1 (Symposium):</b> Digital health: Improving the health outcomes of patients with cancer across the life span <b>Chair: L McCann, University of Surrey, UK</b>  <b>[SY.71] Smartphone Apps for “Just-in-time” monitoring and management of Pediatric Cancer and Non-cancer pain</b> <i>J. Stinson<sup>1</sup>, <sup>1</sup>Hospital for Sick Children, Canada, <sup>2</sup>University of Toronto, Canada</i>  <b>[SY.72] Real time remote patient monitoring using mobile phones: The Advanced Symptom Management System (ASyMS)</b> <i>L. McCann, University of Surrey, UK</i>	<b>Breakout 2 (Symposium):</b> Passive and objective assessment in mental health: The phone as a personal sensing platform <b>Chair: D. C. Mohr, Northwestern University, USA</b>  <b>[SY.74] Passive and objective assessment in mental health: The phone as a personal sensing platform</b> <i>D.C. Mohr<sup>*1</sup>, M. Hoogendorn<sup>2</sup>, P. van de Ven<sup>3</sup>, S. Saeb<sup>1</sup>, C.J. Karr<sup>1</sup>, H. Riper<sup>2</sup>  <sup>1</sup>Northwestern University, USA, <sup>2</sup>VU University Amsterdam, The Netherlands, <sup>3</sup>University of Limerick, Ireland</i>  <b>[SY.75] Application of machine learning techniques to mental health sensing data</b>	<b>Breakout 3 (Panel)</b>  <b>[PN.03] Translating Science to Design Practice in Digital Behavior Health Interventions</b> <i>J.L. Villatte<sup>*1</sup>, P.C. Clasen<sup>1</sup>, J. Fogarty<sup>1</sup>, K. Hofmeester<sup>2</sup>, G. Hsieh<sup>1</sup>, S.A. Munson<sup>1</sup>, <sup>1</sup>University of Washington, USA, <sup>2</sup>Microsoft, USA</i>	<b>Breakout 4 (Panel)</b>  <b>[PN.04] Personal mobile health technologies for military psychological health</b> <i>N.E. Bush*, D. Cooper, C. Armstrong, K. Blasko, L. Pruitt, National Center for Telehealth and Technology (T2), USA</i>



	<p><b>[SY.73] Coordination of care: A new frontier in e-health</b>  A. Husain<sup>1,2</sup>, <sup>1</sup>Temmy Latner Centre for Palliative Care, Canada, <sup>2</sup>University of Toronto, Canada, <sup>3</sup>Mount Sinai Hospital, Canada</p>	<p>D. Becker<sup>2</sup>, W.R.J. van Breda<sup>1</sup>, B. Funk<sup>2</sup>, M. Hoogendoorn<sup>*1</sup>, J. Pastor<sup>1</sup>, H. Riper<sup>1</sup>, J. Ruwaard<sup>1</sup>, <sup>1</sup>VU University Amsterdam, The Netherlands, <sup>2</sup>Leuphana Universität Lüneburg, Germany</p> <p><b>[SY.76] Passive detection of depression using features of GPS location: Two studies</b>  S. Saeb*, C.J. Karr, S.M. Schueller, D.C. Mohr, Northwestern University, USA</p> <p><b>[SY.77] Context-aware and user-centric triggering of mobile interventions</b>  P. Van de Ven<sup>*1</sup>, J. Correia Lopes<sup>4</sup>, R. Msetfi<sup>1</sup>, J. Nelson<sup>1</sup>, D. O'Sullivan<sup>1</sup>, A. Rocha<sup>3</sup>, F. Silva<sup>2</sup>, A. Soares Teles<sup>2</sup>  <sup>1</sup>University of Limerick, Ireland, <sup>2</sup>Federal Institute of Maranhao, Brazil, <sup>3</sup>INESC TEC Porto, Portugal, <sup>4</sup>Porto University, Portugal</p> <p><b>[SY.78] Scalable data collection in the wild: Clinical and practical challenges</b>  C. Karr<sup>*2</sup>, S. Saeb<sup>1</sup>, K. Noth<sup>1</sup>, E. Lattie<sup>1</sup>, M. Corden<sup>1</sup>, M. Begale<sup>1</sup>, <sup>1</sup>Center for Behavioral Intervention Technologies, USA, <sup>2</sup>Audacious Software, USA</p>		
Rooms	Elliott Hall	Sound	Cove	Marina
11.45-12.30	<p><b>Breakout 1 (Papers): Children and adolescents</b></p> <p><b>[O.25] 11:45-12:00</b>  The sugarsquare study: A multicenter randomized controlled trial concerning a web-based patient</p>	<p><b>Breakout 2 (Papers): Innovative methods</b></p> <p><b>[O.28] 11:45-12:00</b>  Large-scale real-world usage patterns of an augmentative and alternative communication system</p>	<p><b>Breakout 3 (Papers): RCT outcomes 2</b></p> <p><b>[O.31] 11:45-12:00</b>  Parent treatment outcomes in Internet-delivered cognitive-behavioral therapy for pediatric chronic pain</p>	<p><b>Breakout 4 (Papers): Women</b></p> <p><b>[O.34] 11:45-12:00</b>  Online screening on psychological risks and online psychological treatment personalized to risk profile; feasibility and effectiveness in in vitro</p>

	<p><b>portal for parents of a child with type 1 diabetes</b> N.M. Maas van Schaaijk<sup>*1,2</sup>, E.A. Boogerd<sup>3,2</sup>, T.C. Sas<sup>4</sup>, A. Clement-de Boers<sup>5</sup>, A.C. Noordam<sup>1,3</sup>, C.M. Verhaak<sup>1,2</sup>, <sup>1</sup>Radboudumc, The Netherlands, <sup>2</sup>Amalia children's hospital, The Netherlands, <sup>3</sup>Childrens Diabetes Center Nijmegen, The Netherlands, <sup>4</sup>Albert Schweitzer Hospital, The Netherlands, <sup>5</sup>Juliana Children's hospital, The Netherlands</p> <p><b>[O.26] 12:00-12:15</b> <b>Dissemination of internet-delivered CBT for children with anxiety disorders in an outpatient clinic in rural Sweden</b> S. Vigerland*, B. Ljótsson, D. Mataix-Cols, E. Serlachius, Karolinska Institutet, Sweden</p> <p><b>[O.27] 12:15-12:30</b> <b>Evaluation of a text message intervention for adolescent weight control in primary care: Preliminary effectiveness</b> K. Duraccio*, K. Barnett, C. Fortuna, C. Giraud-Carrier, C. Jensen, Brigham Young University, USA</p>	<p>L. Boccanfuso<sup>1</sup>, Y. Ahn<sup>1</sup>, J. Snider<sup>1</sup>, E. Simmons<sup>1,4</sup>, M. Lyons<sup>1</sup>, C. Wall<sup>1</sup>, M. Perlmutter<sup>1</sup>, K. Konwar<sup>2</sup>, R. Schrock<sup>3</sup>, F. Shic<sup>*1</sup>, <sup>1</sup>Yale University, USA, <sup>2</sup>University of British Columbia, Canada, <sup>3</sup>Agilent Technologies, USA, <sup>4</sup>University of Connecticut, USA</p> <p><b>[O.29] 12:00-12:15</b> <b>Sensor-based physical activity features and depression - Mining cross-sectional study data</b> M. Marschollek, K.G. Kahl, B. Saalfeld* Hannover Medical School, Germany</p> <p><b>[O.30] 12:15-12:30</b> <b>Automated detection of topics in a mental health Internet support group</b> B. Carron-Arthur<sup>*1</sup>, J. Reynolds<sup>1</sup>, K. Bennett<sup>1</sup>, A. Bennett<sup>1</sup>, J.A. Cunningham<sup>1,2</sup>, K.M. Griffiths<sup>1</sup>, <sup>1</sup>The Australian National University, Australia, <sup>2</sup>Centre for Addiction and Mental Health, Canada</p>	<p>E.F. Law<sup>*1,2</sup>, E. Fisher<sup>1</sup>, R.L. Levy<sup>1</sup>, L. Ritterband<sup>3</sup>, T.M. Palermo<sup>1,2</sup>, <sup>1</sup>University of Washington, USA, <sup>2</sup>Seattle Children's Research Institute, USA, <sup>3</sup>University of Virginia Health System, USA</p> <p><b>[O.32] 12:00-12:15</b> <b>The Pain Course: Comparing the results of an internet-delivered pain management program when provided with different levels of clinician support</b> B.F. Dear*, M. Gandy, E. Karin, L.G. Staples, V.J. Fogliati, B.M. Wootton, M.D. Terides, R. Kayrouz, N. Titov et al, Macquarie University, Australia</p> <p><b>[O.33] 12:15-12:30</b> <b>Predictors of outcomes and adherence in a US national RCT of an internet intervention for insomnia</b> H. Lord*, L. Ritterband, F. Thorndike, K. Ingersoll, University of Virginia, USA</p>	<p><b>fertilization patients</b> C. Verhaak<sup>*1</sup>, A. van Dongen<sup>2</sup>, W. Nelen<sup>2</sup>, J. Kremer<sup>2</sup>, <sup>1</sup>Radboud University Medical Center Department of Medical Psychology, The Netherlands, <sup>2</sup>Radboud University Medical Center Department of Obstetrics and Gynaecology, The Netherlands</p> <p><b>[O.35] 12:00-12:15</b> <b>Recruiting women at risk for alcohol-exposed pregnancy into an Internet intervention: The CARRII experience</b> K.E. MacDonnell*, L.M. Ritterband, K.S. Ingersoll, University of Virginia, USA</p> <p><b>[O.36] 12:15-12:30</b> <b>everyBody fit - tailored online health promotion and eating disorder prevention for women with overweight: Results of a pilot feasibility study</b> O.L.M. Emmerich<sup>*1</sup>, I. Beintner<sup>1</sup>, A.M. Dudek<sup>1</sup>, B. Vollert<sup>1</sup>, B. Nacke<sup>1</sup>, C.B. Taylor<sup>2</sup>, D. Wilfley<sup>3</sup>, C. Jacobi<sup>1</sup>, <sup>1</sup>TU Dresden, Germany, <sup>2</sup>Stanford University, USA, <sup>3</sup>Washington University St. Louis, USA</p>
12.30-13.00	<b>Lunch - International Promenade</b>			
Room	International Promenade			
13:00-14:00	<p><b>Poster session III/Demonstrations/ Exhibits</b> <b><u>Demonstrations</u></b></p> <p><b>[D.07] Demonstration of Bump2be: An Internet intervention for women with type 1 diabetes who are contemplation pregnancy</b> H. Singh<sup>*1</sup>, M. Hilgart<sup>1</sup>, S. Johnson<sup>1</sup>, C. Frederick<sup>1</sup>, K. MacDonnell<sup>1</sup>, L. Truwit<sup>1</sup>, J. Lee<sup>1</sup>, D. Wessells<sup>1</sup>, L. Gonder-Frederick<sup>1</sup>, L. Ritterband<sup>1</sup>, <sup>1</sup>University of Virginia, USA</p>			

	<p><b>[D.08] The development of a suite of online interventions for depression, anxiety &amp; co-morbid psychological conditions</b> K. Tierney<sup>1</sup>, D. Richards<sup>*1</sup>, N. Vigano<sup>1</sup>, J. Bligh<sup>1</sup>, M. Hanratty<sup>1</sup>, G. Doherty<sup>1,2</sup>, <sup>1</sup><i>SilverCloud Health, Ireland</i>, <sup>2</sup><i>Trinity College Dublin, Ireland</i></p> <p><b>[D.09] Using interactive visual analytics to facilitate sense-making about health-related online discussions</b> A.T. Chen<sup>*1</sup>, S-H. Zhu<sup>2</sup>, M. Conway<sup>3</sup>, <sup>1</sup><i>University of Washington School of Medicine, USA</i>, <sup>2</sup><i>University of California, USA</i>, <sup>3</sup><i>University of Utah, USA</i></p> <p><b>[D.10] E-motivate: An app to improve African Americans' screening colonoscopy rates</b> S. Miller<sup>*1</sup>, K. Bolutayo<sup>1</sup>, L. Jandorf<sup>1</sup>, <sup>1</sup><i>Icahn School of Medicine at Mount Sinai, USA</i></p> <p><b>[D.11] The online treatment platform Karify for psychological treatments (demonstration)</b> J.F. Kraaijeveld<sup>*1</sup>, <sup>1</sup><i>Karify, The Netherlands</i></p> <p><b>[D.12] Faster emotional recovery with an evidence-based self-help website for early breast cancer survivors: Demonstration of BREATH as standard care</b> S.W. van den Berg<sup>*1</sup>, J.F. Kraaijeveld<sup>1</sup>, J.B. Prins<sup>1</sup>, <sup>1</sup><i>Radboudumc, The Netherlands</i></p>
<i>Room</i>	<i>Elliott Hall</i>
14.00-14.45	<p><b>[PL.04]: Life on purpose: Combining predictive modeling, big data, and mobile technology for mindful living and well-being</b> Victor Strecher, <i>University of Michigan School of Public Health, USA</i></p>
14.45-15.45	<b>ISRII Throwdown</b>
15.45-16.00	<b>Closing remarks</b>

## Poster Program

**Poster Session I**  
**Thursday 7 April 2016; 17.30 – 19.00**

[P1.01]	<b>Interpersonal subtypes in social anxious patients that undergo an online intervention</b> T. Krieger* <sup>1</sup> , A. Schulz <sup>1</sup> , J. Zimmermann <sup>2</sup> , M. grosse Holtforth <sup>1</sup> , T. Berger <sup>1</sup> , <sup>1</sup> University of Bern, Switzerland, <sup>2</sup> Psychologische Hochschule Berlin, Germany
[P1.02]	<b>Internet-based CBT for social phobia and panic disorder in a specialised anxiety clinic in routine care: Results of a pilot randomised controlled trial</b> K. Mathiasen* <sup>5,6</sup> , H. Riper <sup>1,5</sup> , L. Ehlers <sup>2</sup> , J.B. Valentin <sup>3</sup> , N. Rosenberg <sup>4</sup> , <sup>1</sup> Vrije Universiteit Amsterdam, The Netherlands, <sup>2</sup> Aalborg University, Denmark, <sup>3</sup> The Psychiatric hospital of Aalborg, Denmark, <sup>4</sup> Mental health services in the Capital Region of Denmark, Denmark, <sup>5</sup> University of Southern Denmark, Denmark, <sup>6</sup> Mental health services of the Region of Southern Denmark, Denmark
[P1.03]	<b>Treat your social anxiety disorder with this gamified smartphone app</b> P. Carlbring* <sup>1</sup> , A. Marklund <sup>1</sup> , A. Miloff <sup>1</sup> , K. Sjöblom <sup>2</sup> , L. Delin <sup>2</sup> , C. Lundén <sup>1</sup> , R. Blomdahl <sup>1</sup> , U. Braun <sup>1</sup> , K. Cotter <sup>1</sup> , K. Magnusson <sup>3</sup> , G. Andersson <sup>4</sup> , <sup>1</sup> Stockholm University, Sweden, <sup>2</sup> Uppsala University, Sweden, <sup>3</sup> Karolinska Institute, Sweden, <sup>4</sup> Linköping University, Sweden
[P1.04]	<b>Single-session gamified virtual reality exposure therapy for spider phobia vs. traditional exposure therapy: A randomized-controlled trial</b> A.M. Miloff* <sup>1</sup> , P.L. Lindner <sup>1,2</sup> , W.H. Hamilton <sup>4</sup> , L.R. Reutersköld <sup>1</sup> , G.A. Andersson <sup>2,3</sup> , P.C. Carlbring <sup>1</sup> , <sup>1</sup> Stockholm University, Sweden, <sup>2</sup> Karolinska Institutet, Sweden, <sup>3</sup> Linköping University, Sweden, <sup>4</sup> Mimserse, Sweden
[P1.05]	<b>ICBT for adolescents with Obsessive-compulsive disorder - A randomized controlled trial</b> F. Lenhard*, E. Serlachius, C. Rück, D. Mataix-Cols, E. Andersson, Karolinska Institutet, Sweden
[P1.06]	<b>Online group counselling: The digital future of employee support</b> B. Veder*, K. Beaudoin, K. Dunmarra, Y. Fasciano, Morneau Shepell, Canada
[P1.07]	<b>Internet-based treatment for Flying Phobia: A pilot study</b> D. Campos <sup>1</sup> , S. Quero* <sup>1,2</sup> , J. Bretón-López <sup>1,2</sup> , C. Soler <sup>1</sup> , D. Castilla <sup>1</sup> , C. Botella <sup>1,2</sup> , <sup>1</sup> Universitat Jaume I, Spain, <sup>2</sup> CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Spain
[P1.08]	<b>Cost-effectiveness of blended cognitive behavioural therapy for anxiety disorders in specialized mental health care</b> G. Romijn* <sup>1</sup> , H. Riper <sup>1</sup> , R. Kok <sup>1</sup> , T. Donker <sup>1</sup> , M. Goorden <sup>3</sup> , L. Hakkaart van Roijen <sup>3</sup> , L. Kooistra <sup>1</sup> , A. van Balkom <sup>2</sup> , J. Koning <sup>1</sup> , <sup>1</sup> VU University, The Netherlands, <sup>2</sup> VU University Medical Centre and GGZ inGeest, The Netherlands, <sup>3</sup> Erasmus University, The Netherlands
[P1.09]	<b>Internet-based written exposure therapy for generalized anxiety: A narrative analysis of writing sessions</b> F. Talbot*, M. Roch-Gagné, Université de Moncton, Canada
[P1.10]	<b>Results from a pilot study to monitor bipolar disorder symptoms in the patients' daily life</b> T. Beiwinkel* <sup>1</sup> , G. Barbian <sup>1</sup> , W. Rössler <sup>1,2</sup> , <sup>1</sup> Leuphana University of Lüneburg, Germany, <sup>2</sup> University of Sao Paulo, Brazil
[P1.11]	<b>The development of a culturally applicable brief intervention text-messaging programme for Māori and Pacific peoples directed at alcohol-harm reduction</b> S. Sharpe <sup>1</sup> , M. Shepherd* <sup>1</sup> , B. Kool <sup>1</sup> , R. Whittaker <sup>2</sup> , V. Nosa <sup>1</sup> , E. Dorey <sup>2</sup> , S. Galea <sup>1</sup> , S. Ameratunga <sup>1</sup> , <sup>1</sup> The University of Auckland, New Zealand, <sup>2</sup> National Institute of Health Innovation, New Zealand
[P1.12]	<b>Development of computerized trans-diagnostic Dialectical Behavior Therapy skills training for emotion dysregulation</b> A. Lungu <sup>1,2</sup> , C. Wilks* <sup>1</sup> , G. Zieve <sup>1</sup> , M. Krek <sup>1</sup> , A. Potts <sup>1</sup> , H. Lessing <sup>1</sup> , M. Navarro <sup>1</sup> , M. Linehan <sup>1</sup> , <sup>1</sup> University of Washington, USA, <sup>2</sup> University of California San Francisco, USA
[P1.13]	<b>Acceptability and engagement in an mHealth intervention for adolescents with ADHD</b> M. Wilner* <sup>2</sup> , E. Schoenfelder <sup>1</sup> , M. Moreno <sup>2,1</sup> , J. Mendoza <sup>2,1</sup> , <sup>1</sup> University of Washington School of Medicine, USA, <sup>2</sup> Seattle Children's Research Institute, USA
[P1.14]	<b>Access and need related group differences in self-monitoring using a cbt and mindfulness based smartphone application for anxiety and stress management</b> A. Vu*, P. Frazier, University of Minnesota, USA
[P1.15]	<b>Behind the screen: User characteristics from the MoodSwings 2.0 online self-guided intervention for bipolar disorder</b> E. Gliddon* <sup>1,2</sup> , T. Martini <sup>1,3</sup> , L. Berk <sup>1,2</sup> , S. Lauder <sup>2,4</sup> , V. Cosgrove <sup>5,6</sup> , D. Grimm <sup>5</sup> , S. Dodd <sup>1,2</sup> , T. Suppes <sup>5,6</sup> , M. Berk <sup>5,6</sup> , <sup>1</sup> Deakin University, Australia, <sup>2</sup> University of Melbourne, Australia, <sup>3</sup> Universidade Federal do Rio

	<i>Grande do Sul, Brazil,</i> <sup>4</sup> <i>Federation University, Australia,</i> <sup>5</sup> <i>VA Palo Alto Healthcare System, USA,</i> <sup>6</sup> <i>Stanford University, USA</i>
[P1.16]	<b>The relative effects of behavioral activation vs. physical exercise in the treatment of mild to moderate depression</b> P. Carlbring* <sup>1</sup> , P. Hassmen <sup>2</sup> , M. Nystrom <sup>3</sup> , P. Lindner <sup>1</sup> , G. Andersson <sup>4</sup> , <sup>1</sup> <i>Stockholm University, Sweden,</i> <sup>2</sup> <i>University of Canberra, Australia,</i> <sup>3</sup> <i>Umea University, Sweden,</i> <sup>4</sup> <i>Linköping University, Sweden</i>
[P1.17]	<b>Internet based psychological interventions for employees experiencing psychological distress: A protocol for a systematic review and planned meta-analysis</b> S. Carolan*, P. Harris, K. Cavanagh, <i>University of Sussex, UK</i>
[P1.18]	<b>Increasing engagement with and effectiveness of an online CBT based stress management intervention for employees through the use of an online facilitated bulletin board: Design of a pilot randomised controlled trial</b> S. Carolan*, P. Harris, K. Greenwood, K. Cavanagh, <i>University of Sussex, UK</i>
[P1.19]	<b>Depressed adolescents' social media portfolios: Implications for intervention design</b> A. Radovic* <sup>1,2</sup> , T. Gmelin <sup>1,2</sup> , E. Miller <sup>1,2</sup> , <sup>1</sup> <i>University of Pittsburgh School of Medicine, USA,</i> <sup>2</sup> <i>Children's Hospital of Pittsburgh of UPMC, USA</i>
[P1.20]	<b>Attitudes towards internet-based depression treatments in Europe: A stakeholder survey within the E-COMPARED project</b> N. Topooco* <sup>1</sup> , H. Riper <sup>2</sup> , A. Kleiboer <sup>2</sup> , G. Andersson <sup>1,3</sup> , I. E-COMPARED consortium <sup>4</sup> , <sup>1</sup> <i>Linköping University, Sweden,</i> <sup>2</sup> <i>VU University, The Netherlands,</i> <sup>3</sup> <i>Karolinska Institute, Sweden,</i> <sup>4</sup> <i>E-COMPARED consortium, The Netherlands</i>
[P1.21]	<b>Feasibility and conceptualization of an e-mental health treatment for depression in older adults</b> C. Eichenberg <sup>1</sup> , M. Schott* <sup>1</sup> , G. Aumayr <sup>3</sup> , M. Plößing <sup>2</sup> , <sup>1</sup> <i>Sigmund Freud Privat Universität, Austria,</i> <sup>2</sup> <i>Salzburg Research, Austria,</i> <sup>3</sup> <i>Johanniter Österreich Ausbildung und Forschung gem. GmbH, Austria</i>
[P1.22]	<b>Exploring a therapeutic component aimed at enhancing and maintaining positive affectivity in a transdiagnostic Internet-based treatment for emotional disorders</b> A. Diaz*, A. Gonzalez-Robles, A. Garcia-Palacios, J. Fernandez, C. Botella, <i>Universitat Jaume I, Spain</i>
[P1.23]	<b>Treatment of depression. Differential efficacy of different therapeutic components through Internet</b> A. Mira* <sup>1</sup> , J. Bretón-López <sup>1,3</sup> , A. Diaz <sup>1</sup> , F. Reyes <sup>1</sup> , R. Baños <sup>2,3</sup> , C. Botella <sup>1,3</sup> , <sup>1</sup> <i>Universitat Jaume I, Spain,</i> <sup>2</sup> <i>Universitat de València, Spain,</i> <sup>3</sup> <i>CIBER Fisiopatología de la Obesidad y Nutrición (CB06/03), Instituto de Salud Carlos III, Spain</i>
[P1.24]	<b>Results of an RCT comparing the MomMoodBooster ehealth intervention for postpartum depression with face-to-face counseling</b> J. Milgrom <sup>3,4</sup> , B.G. Danaher* <sup>2</sup> , C. Holt <sup>4</sup> , C.J. Holt <sup>4</sup> , J.R. Seeley <sup>1,2</sup> , M.S. Tyler <sup>2</sup> , J. Ross <sup>4</sup> , J. Ericksen <sup>4</sup> , A. Gemmill <sup>4</sup> , <sup>1</sup> <i>University of Oregon, USA,</i> <sup>2</sup> <i>Oregon Research Institute, USA,</i> <sup>3</sup> <i>University of Melbourne, Australia,</i> <sup>4</sup> <i>Parent-Infant Research Institute, Australia</i>
[P1.25]	<b>On the road to a world without depression: A look 40 years back and 10 years ahead</b> R.F. Muñoz <sup>1</sup> , <sup>1</sup> <i>Palo Alto University, USA,</i> <sup>2</sup> <i>University of California, San Francisco, USA,</i> <sup>3</sup> <i>Stanford University, USA</i>
[P1.26]	<b>A randomized controlled trial of an internet-delivered treatment: Its potential as a low-intensity community intervention for adults with symptoms of depression</b> D. Richards* <sup>1,2</sup> , L. Timulak <sup>2</sup> , E. O'Brien <sup>1</sup> , C. Hayes <sup>3</sup> , N. Viganò <sup>1</sup> , J. Sharry <sup>1</sup> , G. Doherty <sup>1</sup> , <sup>1</sup> <i>SilverCloud Health, Ireland,</i> <sup>2</sup> <i>School of Psychology, Trinity College Dublin, Ireland,</i> <sup>3</sup> <i>Aware Charity, Ireland</i>
[P1.27]	<b>The role of online self-motivation to promote adherence to online interventions for depression and anxiety: A pilot study</b> A. Kleiboer*, T. Donker, H. Riper, A. van Straten, P. Cuijpers, <i>VU Amsterdam, The Netherlands</i>
[P1.28]	<b>Efficacy and acceptability of a blended transdiagnostic protocol for emotional disorders including a positive affect regulation component</b> A. Gonzalez* <sup>1</sup> , A. Mira <sup>1</sup> , A. Garcia-Palacios <sup>1,2</sup> , C. Botella <sup>1,2</sup> , <sup>1</sup> <i>Jaume I University, Spain,</i> <sup>2</sup> <i>Ciber Fisiopatologia Obesidad y Nutricion, Spain</i>
[P1.29]	<b>Preference toward online help-seeking: The role of suicide ideation and treatment barriers</b> K. Andriani*, M. Krek, C. Wilks, T. Coyle, A. Lungu, <i>University of Washington, USA</i>
[P1.30]	<b>Overcoming procrastination: One-year follow-up and predictors of change in a randomized controlled trial of Internet-based cognitive behavior therapy</b> A. Rozental <sup>1</sup> , E. Forsell* <sup>2</sup> , A. Svensson <sup>3</sup> , G. Andersson <sup>3</sup> , P. Carlbring <sup>1</sup> , <sup>1</sup> <i>Stockholm University, Sweden,</i> <sup>2</sup> <i>Karolinska Institutet, Sweden,</i> <sup>3</sup> <i>Linköping University, Sweden</i>
[P1.31]	<b>Internet delivered cognitive behavior therapy for antenatal depression: A randomized controlled trial</b> E. Forsell <sup>1</sup> , <sup>1</sup> <i>Karolinska Institutet, Sweden,</i> <sup>2</sup> <i>Umeå University, Sweden,</i> <sup>3</sup> <i>Örebro University, Sweden,</i> <sup>4</sup> <i>Karolinska University Hospital, Sweden</i>

[P1.32]	<b>Internet psychotherapy with "Net-Step" - A therapist delivered - IPT for depression and anxiety disorders in primary care</b> U. Sprick*, M. Köhne, <i>St. Alexius/St. Josef Clinic, Germany</i>
[P1.33]	<b>Internet-delivered cognitive behavior therapy (ICBT) for adults with ADHD - Results from a randomized controlled trial</b> B. Nasri*, M. Cassel <sup>4</sup> , Y. Ginsberg <sup>2,1</sup> , T. Hirvikoski <sup>3</sup> , N. Lindefors <sup>1</sup> , V. Kaldø <sup>1</sup> , <sup>1</sup> <i>Clinical Neuroscience, Sweden</i> , <sup>2</sup> <i>Medical Epidemiology and Biostatistics, Sweden</i> , <sup>3</sup> <i>Center for Neurodevelopmental Disorders, Sweden</i> , <sup>4</sup> <i>Internetpsychiatry Unit, Sweden</i>
[P1.34]	<b>Development of computerized dialectical behavior therapy skills training for suicidal and heavy episodic drinkers</b> C.R. Wilks*, A. Lungu, B. Matsumiya, A. Mann, M.M. Linehan, <i>University of Washington, USA</i>
[P1.35]	<b>Improving the dissemination of evidence based treatments: Adjustment Disorders Online (TAO)</b> S. Quero*, I. Rachyla <sup>1</sup> , M. Molés <sup>1</sup> , M.A. Pérez-Ara <sup>1</sup> , D. Campos <sup>1</sup> , A. Mira <sup>1</sup> , L. Farfallini <sup>1</sup> , <sup>1</sup> <i>Universitat Jaume I, Spain</i> , <sup>2</sup> <i>CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Spain</i>
[P1.36]	<b>Efficacy of an internet-based psychological intervention for the treatment of depression in primary care</b> A. Garcia-Palacios*, M. Gill <sup>3</sup> , F. Mayoral <sup>4</sup> , R. Baños <sup>5,2</sup> , C. Botella <sup>1,2</sup> , J. Garcia-Campayo <sup>6</sup> , <sup>1</sup> <i>Jaume I University, Spain</i> , <sup>2</sup> <i>Ciber Fisiopatología Obesidad y Nutrición, Spain</i> , <sup>3</sup> <i>Universitat de les Illes Balears, Spain</i> , <sup>4</sup> <i>Regional University Hospital of Malaga. Biomedical Institute (IBIMA), Spain</i> , <sup>5</sup> <i>Universitat de València, Spain</i> , <sup>6</sup> <i>Universidad de Zaragoza, Spain</i>
[P1.37]	<b>Acceptability of an online emotional therapy system (teo) to deliver homework assignments in the treatment of adjustment disorders</b> S. Quero*, M. Moles <sup>1</sup> , A. Mira <sup>1</sup> , D. Campos <sup>1</sup> , M.A. Perez-Ara <sup>1</sup> , I. Rachyla <sup>1</sup> , C. Botella <sup>1,2</sup> , <sup>1</sup> <i>Jaume I University, Spain</i> , <sup>2</sup> <i>Ciber Fisiopatología Obesidad y Nutrición, Spain</i>
[P1.39]	<b>The Link randomised controlled trial: An online mental health help-seeking service for young adults</b> S. Kauer*, K. Buhgair <sup>2</sup> , S. Cotton <sup>1</sup> , L. Sancil <sup>1</sup> , <sup>1</sup> <i>University of Melbourne, Australia</i> , <sup>2</sup> <i>ReachOut, Australia</i>
[P1.40]	<b>Barriers to and facilitators for referral to blended internet-based depression treatment in primary care</b> I. Titzler*, M. Berking, D.D. Ebert, <i>Friedrich-Alexander University, Germany</i>
[P1.41]	<b>Using internet-based cognitive training to assist people with severe mental illness gain and retain employment – The CogRem study</b> A.W.F. Harris*, T. Koscic <sup>1</sup> , W. Gye <sup>3</sup> , A. Redoblado-Hodge <sup>4</sup> , <sup>1</sup> <i>University of Sydney, Australia</i> , <sup>2</sup> <i>Westmead Institute for Medical Research, Australia</i> , <sup>3</sup> <i>Schizophrenia Fellowship of NSW, Australia</i> , <sup>4</sup> <i>Children's Hospital at Westmead, Australia</i>
[P1.42]	<b>Keep it real: A new web-based program for psychotic-like experiences and cannabis use in young people</b> L. Hides*, W. Cockshaw <sup>1,2</sup> , S. Stoyanov <sup>1,2</sup> , D. Kavanagh <sup>1,2</sup> , <sup>1</sup> <i>Queensland University of Technology, Australia</i> , <sup>2</sup> <i>Young and Well Cooperative Research Centre, Australia</i>
[P1.43]	<b>A randomized controlled trial of transdiagnostic web-based acceptance and commitment therapy for mental health issues in college students</b> J.A. Haeger*, M.E. Levin, B.G. Pierce, M.P. Twohig, <i>Utah State University, USA</i>
[P1.44]	<b>Development of the uniVirtual Clinic: An online mental health portal for university students</b> K. Bennett, A. Bennett*, A. Gulliver, L. Farrer, K.M. Griffiths, <i>The Australian National University, Australia</i>
[P1.45]	<b>Activate your Mood!: An online self-applied program based on physical activity and behavioral activation for the treatment of depression</b> M.D. Vara <sup>1</sup> , G. Molinari <sup>2</sup> , M. Espinoza <sup>2</sup> , C. Soler <sup>2</sup> , C. Botella <sup>2,3</sup> , R. Baños*, <sup>1</sup> <i>Universitat de València, Spain</i> , <sup>2</sup> <i>Universitat Jaume I, Spain</i> , <sup>3</sup> <i>CIBEROBN Fisiopatología de la Obesidad y la Nutrición, Spain</i>
[P1.46]	<b>If you need someone to talk to, we're here: youth intervention ideas to address concerns on social media</b> J. Gritton*, S. Craig Rushing <sup>3</sup> , D. Stephens <sup>3</sup> , T. Ghost Dog <sup>3</sup> , M. Moreno <sup>1,2</sup> , <sup>1</sup> <i>Seattle Children's Research Institute, USA</i> , <sup>2</sup> <i>University of Washington, USA</i> , <sup>3</sup> <i>NW Tribal Epidemiology Center, USA</i>
[P1.47]	<b>Impact of a brief web-based personalized feedback intervention on use of protective behavioral strategies among US and Swedish high school senior drinkers</b> N. Fossos-Wong*, D. Abdallah <sup>1</sup> , M.A. Lewis <sup>1</sup> , K. Witkiewitz <sup>2</sup> , V.S. Grazioli <sup>1</sup> , C.M. Lee <sup>1</sup> , J.R. Kilmer <sup>1</sup> , C. Andersson <sup>3</sup> , T. Pace <sup>1</sup> , M.E. Larimer <sup>1</sup> , <sup>1</sup> <i>University of Washington, USA</i> , <sup>2</sup> <i>University of New Mexico, USA</i> , <sup>3</sup> <i>Malmö University, Sweden</i>
[P1.48]	<b>Exploring young adults' preferences for mobile relationship education</b> S. Conner*, A. Vennum, <i>Kansas State University, USA</i>
[P1.49]	<b>A randomized clinical trial of a web application for first-time DWI/DUI offenders, RightTurns.com: Initial outcomes</b> R.K. Hester, W. Campbell*, <i>Checkup &amp; Choices LLC, USA</i>

[P1.50]	<b>Engagement through Gamification: Comparing participant experiences between a serious game and an online self-help module for alcohol misuse and depression</b> B.M. Bewick <sup>*1</sup> , G. Hookham <sup>2</sup> , K. Nesbitt <sup>2</sup> , F. Kay-Lambkin <sup>2</sup> , <sup>1</sup> <i>School of Medicine, University of Leeds, UK</i> , <sup>2</sup> <i>University of Newcastle, Australia</i>
[P1.51]	<b>The effects of different types of text messages on reducing problem drinking</b> F. Muench <sup>*1</sup> , K. van Stolk-Cooke <sup>1</sup> , J. Morgenstern <sup>1</sup> , A. Keurbis <sup>2</sup> , <sup>1</sup> <i>Northwell Health, USA</i> , <sup>2</sup> <i>Hunter College, USA</i>
[P1.52]	<b>Internet-based self-help for problematic alcohol use: A large naturalistic study</b> M. Johansson*, C. Sundström, K. Sinadinovic, K. Romberg, U. Hermansson, A.H. Berman, S. Andreasson, <i>Karolinska Institute, Sweden</i>
[P1.53]	<b>Cultural adaptation of an internet-based stress-management intervention for young executives in Indonesia</b> D. Juniar <sup>*1</sup> , W. van Ballegooijen <sup>1</sup> , E. Karyotaki <sup>1</sup> , J. Passchier <sup>1</sup> , D. Lehr <sup>2</sup> , S.S. Sadarjoen <sup>3</sup> , H. Riper <sup>1</sup> , <sup>1</sup> <i>VU University Amsterdam, The Netherlands</i> , <sup>2</sup> <i>Leuphana University, Germany</i> , <sup>3</sup> <i>YARSI University, Indonesia</i>
[P1.54]	<b>Working on our past, present and future selves: An online positive intervention for depressive patients</b> A. Carrillo-Vega <sup>1</sup> , E. Etchemendy <sup>2</sup> , R.M. Baños <sup>*1,2</sup> , <sup>1</sup> <i>University of Valencia, Spain</i> , <sup>2</sup> <i>CiberObn Instituto Carlos III, Spain</i>
[P1.55]	<b>Role of supervision and monitoring in enhancing coach competence in an online guided self-help program for reducing anxiety in indian university students: Designing for international, cross-cultural collaboration</b> B. Colaco <sup>*2,7</sup> , M.G. Newman <sup>3</sup> , N. Kanuri <sup>1,7</sup> , J.I. Ruzek <sup>2,4</sup> , E. Kuhn <sup>4</sup> , S. Forsberg <sup>1,8</sup> , S.S. Sharvit <sup>1</sup> , M. Jones <sup>6</sup> , M. Manjula <sup>5</sup> , C.B. Taylor <sup>1,2</sup> , <sup>1</sup> <i>Stanford University School of Medicine, USA</i> , <sup>2</sup> <i>The mhealth Institute at Palo Alto University, USA</i> , <sup>3</sup> <i>The Pennsylvania State University, USA</i> , <sup>4</sup> <i>National Center for PTSD, VA Palo Alto Health Care System, USA</i> , <sup>5</sup> <i>National Institute of Mental Health and Neuro Sciences, India</i> , <sup>6</sup> <i>Lantern, USA</i> , <sup>7</sup> <i>Mana Maali, USA</i> , <sup>8</sup> <i>UCSF, USA</i> , <sup>9</sup> <i>PGSP-Stanford PsyD Consortium, USA</i>
[P1.56]	<b>ACT Daily: An adjunctive app for promoting ACT skill use among depressed and anxious clients</b> M. Levin, J. Haeger*, B. Pierce, <i>Utah State University, USA</i>
[P1.57]	<b>GET.ON Panic: Results of a randomized controlled trial evaluating a hybrid online-training for panic and agoraphobia symptoms</b> L. Ebenfeld <sup>*1</sup> , D. Lehr <sup>1</sup> , D. Ebert <sup>2</sup> , S. Kleine Stegemann <sup>1</sup> , B. Funk <sup>1</sup> , H. Riper <sup>3</sup> , M. Berking <sup>2</sup> , <sup>1</sup> <i>Leuphana University Lüneburg, Germany</i> , <sup>2</sup> <i>Friedrich-Alexander-University Erlangen-Nuremberg, Germany</i> , <sup>3</sup> <i>Vrije University Amsterdam, Germany</i>

## Poster Session II

Friday 8 April 2016; 13:00-14:00

[P2.01]	<b>An online gratitude intervention for young adults with advanced cancer</b> K. Adelstein*, L. Ritterband, S. Bauer-Wu, <i>University of Virginia, USA</i>
[P2.02]	<b>Pain buddy: An interactive, mobile intervention for pain and symptom management in children with Cancer</b> W.W. Chung <sup>2</sup> , S. Gago <sup>1</sup> , A. Martinez <sup>1</sup> , M.A. Fortier <sup>*1</sup> , <sup>1</sup> <i>University of California-Irvine, USA</i> , <sup>2</sup> <i>Children's Hospital of Orange County, USA</i>
[P2.03]	<b>Social networking and engagement in two large randomized trials of eHealth Interventions</b> J.E. Owen <sup>*1</sup> , E. Bantum <sup>2</sup> , M. Curran <sup>3</sup> , R. Hanneman <sup>3</sup> , <sup>1</sup> <i>VA Palo Alto Health Care System, USA</i> , <sup>2</sup> <i>University of Hawaii, USA</i> , <sup>3</sup> <i>University of California, USA</i>
[P2.04]	<b>Therapist-assisted internet-delivered Mindfulness-based cognitive therapy for symptoms of depression, anxiety and stress among breast- and prostate cancer survivors - A feasibility study</b> E.R. Nissen <sup>*1</sup> , M. O'Connor <sup>1</sup> , V. Kaldø <sup>3</sup> , I. Højris <sup>2</sup> , M. Borre <sup>2</sup> , R. Zachariae <sup>1,2</sup> , M.Y. Mehlsen <sup>1</sup> , <sup>1</sup> <i>Aarhus University, Denmark</i> , <sup>2</sup> <i>Aarhus University Hospital, Denmark</i> , <sup>3</sup> <i>Karolinska Institutet, Sweden</i>
[P2.05]	<b>A game-based intervention to improve adherence to self-management behaviors in adolescent and young adult stem cell transplant survivors</b> S.K. Peterson <sup>*1</sup> , J. McLaughlin <sup>2</sup> , D. Zhang <sup>3</sup> , R. Yzquierdo <sup>1</sup> , M.A. Askins <sup>1</sup> , <sup>1</sup> <i>MD Anderson Cancer Center, USA</i> , <sup>2</sup> <i>Radiant Creative Group, LLC, USA</i> , <sup>3</sup> <i>University of Maryland Baltimore County, USA</i>
[P2.06]	<b>Do cardiac health: Advanced new generation ecosystem (Do CHANGE) – Trial design</b> J. Widdershoven <sup>1,2</sup> , M. Habibovic <sup>*1</sup> , <sup>1</sup> <i>TweeSteden Hospital, The Netherlands</i> , <sup>2</sup> <i>Tilburg University, The Netherlands</i>
[P2.07]	<b>Using mobile health tools to support team-based approaches for chronic disease care</b> M. Ramirez <sup>*1</sup> , S. Wu <sup>1,2</sup> , B. Vickrey <sup>5</sup> , A. Towfighi <sup>3</sup> , J. Wacksman <sup>4</sup> , T. Sivers-Teixeira <sup>3</sup> , H. Haber <sup>4</sup> , <sup>1</sup> <i>University of Southern California, Epstein Department of Industrial and Systems Engineering Industrial and Systems Engineering, USA</i> , <sup>2</sup> <i>University of Southern California, School of Social Work, USA</i> , <sup>3</sup> <i>Rancho Los Amigos National Rehabilitation Center, USA</i> , <sup>4</sup> <i>Dimagi, Inc., USA</i> , <sup>5</sup> <i>Mount Sinai, USA</i>



[P2.08]	<b>Patient-centered self-management Internet intervention for ART adherence among non-urban and rural people living with HIV who use substances</b> C. Frederick, L. Ritterband, M. Modipane, A. Waldman, S. Carter, R. Dillingham, K. Ingersoll*, <i>University of Virginia, USA</i>
[P2.09]	<b>Development and initial testing of a codebook to assess eating disorder displays on social media</b> N. Suthamjariya <sup>*1</sup> , A. Arseniev-Koehler <sup>1</sup> , M. Moreno <sup>1,2</sup> , <sup>1</sup> <i>Seattle Children's Research Institute, USA</i> , <sup>2</sup> <i>University of Washington, USA</i>
[P2.10]	<b>Designing a cross-media serious game to support the treatment of childhood obesity</b> S. Mayr <sup>1</sup> , P. Petta <sup>2</sup> , C. Eichenberg <sup>3</sup> , B. Sindelar <sup>3</sup> , L. Ledit <sup>1</sup> , M. Schott <sup>*3</sup> , <sup>1</sup> <i>University of Vienna, Austria</i> , <sup>2</sup> <i>Austrian Research Institute for Artificial Intelligence, Austria</i> , <sup>3</sup> <i>Sigmund Freud Private University Vienna, Austria</i>
[P2.11]	<b>everyBody - tailored online health promotion and eating disorder prevention for women</b> B. Nacke <sup>*1</sup> , I. Beintner <sup>1</sup> , D. Wilfley <sup>3</sup> , C.B. Taylor <sup>2</sup> , C. Jacobi <sup>1</sup> , <sup>1</sup> <i>Technische Universität Dresden, Germany</i> , <sup>2</sup> <i>Stanford University, USA</i> , <sup>3</sup> <i>Washington University in St. Louis, USA</i>
[P2.12]	<b>Using internet-based self-help to bridge waiting time for face-to-face outpatient treatment for bulimia nervosa, binge eating disorder and OSFED - A randomized controlled trial</b> B. Vollert <sup>*1</sup> , P. Musiat <sup>2</sup> , U. Schmidt <sup>2</sup> , I. Beintner <sup>1</sup> , D. Wilfley <sup>4</sup> , C.B. Taylor <sup>3</sup> , C. Jacobi <sup>1</sup> , <sup>1</sup> <i>Technische Universität Dresden, Germany</i> , <sup>2</sup> <i>King's College London, UK</i> , <sup>3</sup> <i>Stanford University, USA</i> , <sup>4</sup> <i>Washington University in St. Louis, USA</i>
[P2.13]	<b>Overcoming anorexia online - A web-based intervention for carers of sufferers from anorexia nervosa</b> J. Schmidt-Hantke <sup>*1</sup> , P. Musiat <sup>2</sup> , I. Beintner <sup>1</sup> , C. Jacobi <sup>1</sup> , U. Schmidt <sup>2</sup> , <sup>1</sup> <i>Technische Universität Dresden, Germany</i> , <sup>2</sup> <i>King's College London, UK</i>
[P2.14]	<b>Introducing a co-creative participatory process with patient research partners when developing an internet intervention targeting young cancer survivors</b> M. Wiklander <sup>*1</sup> , J. Winterling <sup>1,2</sup> , C. Lampic <sup>1</sup> , C. Micaux Obol <sup>1</sup> , L.E. Eriksson <sup>1,3</sup> , L. Wettergren <sup>1</sup> , <sup>1</sup> <i>Karolinska Institutet, Sweden</i> , <sup>2</sup> <i>Karolinska University Hospital, Sweden</i> , <sup>3</sup> <i>City University London, UK</i>
[P2.15]	<b>everyBody - adherence to tailored online health promotion and eating disorder prevention in women: Results of a pilot study</b> A.M. Dudek <sup>*1</sup> , I. Beintner <sup>1</sup> , O.L.M. Emmerich <sup>1</sup> , B. Vollert <sup>1</sup> , J. Schmidt-Hantke <sup>1</sup> , C.B. Taylor <sup>2</sup> , C. Jacobi <sup>1</sup> , <sup>1</sup> <i>Technische Universität Dresden, Germany</i> , <sup>2</sup> <i>Stanford University, USA</i>
[P2.16]	<b>Designing and deploying Acceptance and Commitment Therapy through digital media: Data and insights from an UX formative evaluation of a smoking cessation app prototype</b> R. Vilardaga <sup>*1</sup> , E.Y. Zeng <sup>1</sup> , J. Rizo <sup>1</sup> , M. Villatte <sup>2</sup> , J. Kientz <sup>1</sup> , R. Ries <sup>1</sup> , <sup>1</sup> <i>University of Washington, USA</i> , <sup>2</sup> <i>Evidence-Based Practice Institute, USA</i>
[P2.17]	<b>Adolescents' perspectives on electronic personalized health feedback for primary care: A qualitative study</b> G.G. Zieve <sup>*1,2</sup> , L.P. Richardson <sup>1,2</sup> , C.A. McCarty <sup>1,2</sup> , <sup>1</sup> <i>Seattle Children's Research Institute, USA</i> , <sup>2</sup> <i>University of Washington, USA</i>
[P2.18]	<b>Predicting early engagement to an online intervention for eating psychopathology based on initial user goals and motivation</b> A. Kurland <sup>*1</sup> , S. Sadeh-Sharvit <sup>2</sup> , N. Goel <sup>3</sup> , E. Fitzsimmons-Craft <sup>4</sup> , S. Forsberg <sup>5</sup> , M. Jones <sup>2</sup> , M. Trockel <sup>2</sup> , D. Wilfley <sup>4</sup> , C.B. Taylor <sup>3</sup> , <sup>1</sup> <i>PGSP-Stanford PsyD Consortium, USA</i> , <sup>2</sup> <i>Stanford University, USA</i> , <sup>3</sup> <i>Palo Alto University, USA</i> , <sup>4</sup> <i>Washington University, USA</i> , <sup>5</sup> <i>University of California, USA</i>
[P2.19]	<b>Integration of social psychology in design of a Mobile health Application: A case study on diabetes management</b> N. Fieulaine <sup>1</sup> , Q. Zhang <sup>*1</sup> , C. Bureau <sup>2</sup> , <sup>1</sup> <i>University of Lyon, France</i> , <sup>2</sup> <i>Stevanatio Group, Italy</i>
[P2.20]	<b>Validation of a serious game designed to teach nutrition education to children: Pick it !</b> E. Oliver <sup>1</sup> , A. Cebolla <sup>1</sup> , A. Dominguez-Rodriguez <sup>1</sup> , S. Albertini <sup>2</sup> , L. Ferrini <sup>2</sup> , A. GonzalezSegura <sup>3</sup> , E. de la Cruz <sup>3</sup> , K. Kronika <sup>4</sup> , T. Nilsen <sup>5</sup> , R. Baños <sup>*1</sup> , <sup>1</sup> <i>University of Valencia and CIBER Obn, Spain</i> , <sup>2</sup> <i>FVA di Louis Ferrini and C., Italy</i> , <sup>3</sup> <i>Everis, Spain</i> , <sup>4</sup> <i>BEST Institut für berufsbezogene Weiterbildung und Personaltraining GmbH, Austria</i> , <sup>5</sup> <i>Rogaland School and Business Development Foundation, Norway</i>
[P2.21]	<b>Exploring perceptions and preferences of internet-based weight-loss interventions for Native Hawaiians and Pacific Islanders</b> S. Hong <sup>*</sup> , C. Townsend, K. Kaholokula, <i>University of Hawai'i, USA</i>
[P2.22]	<b>Mobile quit: Features of an mhealth intervention for smoking cessation</b> B. Danaher <sup>1</sup> , J. Seeley <sup>2,1</sup> , M. Tyler <sup>*1</sup> , H. Brendryen <sup>3</sup> , <sup>1</sup> <i>Oregon Research Institute, USA</i> , <sup>2</sup> <i>University of Oregon, USA</i> , <sup>3</sup> <i>University of Oslo, Norway</i>
[P2.23]	<b>User experience and formative evaluation of a novel smoking cessation app for people with serious mental illness</b> R. Vilardaga <sup>*</sup> , J. Rizo, E.Y. Zeng, J. Kientz, R. Ries, <i>University of Washington, USA</i>
[P2.24]	<b>How does a user's baseline commitment affect their engagement with active components of a smoking</b>

	<b>cessation app?</b> E.Y. Zeng <sup>*1</sup> , K.E. Mull <sup>1</sup> , J.L. Heffner <sup>1</sup> , V. Sridharan <sup>1,2</sup> , N.L. Watson <sup>1</sup> , J.B. Bricker <sup>1,2</sup> , <sup>1</sup> <i>Fred Hutchinson Cancer Research Center, USA</i> , <sup>2</sup> <i>University of Washington, USA</i>
[P2.25]	<b>Understanding user reactions and interactions with an internet-based intervention for tinnitus self-management</b> K. Greenwell <sup>*1</sup> , M. Sereda <sup>1</sup> , N. Coulson <sup>2</sup> , D.J. Hoare <sup>1</sup> , <sup>1</sup> <i>NIHR Nottingham Hearing Biomedical Research Unit, UK</i> , <sup>2</sup> <i>University of Nottingham, UK</i>
[P2.26]	<b>MyHealthPA – Development of a mobile application to reduce cardiovascular disease risk among people with mental health problems</b> L.K. Thornton <sup>*1</sup> , F. Kay-Lambkin <sup>1,2</sup> , A.L. Baker <sup>2</sup> , <sup>1</sup> <i>University of New South Wales, Australia</i> , <sup>2</sup> <i>The University of Newcastle, Australia</i>
[P2.27]	<b>Internet-based walking intervention for obese women with antenatal depression - Study protocol and preliminary results</b> A. Kersting <sup>*</sup> , K. Linde, J. Steinig, <i>University Leipzig, Germany</i>
[P2.28]	<b>Smartphones for health: Openness to use mobile technologies for health purposes among people with and without mental illnesses</b> L.K. Thornton <sup>*1</sup> , F. Kay-Lambkin <sup>1</sup> , <sup>1</sup> <i>University of New South Wales, Australia</i> , <sup>2</sup> <i>The University of Newcastle, Australia</i>
[P2.29]	<b>Mobile delivery of video modeling as a promising paradigm for improving oral hygiene in children with autism</b> B. Popple <sup>1,2</sup> , C. Wall <sup>1</sup> , L. Flink <sup>1</sup> , K. Powell <sup>1</sup> , M. Mademtzi <sup>1</sup> , K. Discepolo <sup>1</sup> , D. Keck <sup>1</sup> , F. Volkmar <sup>1</sup> , F. Shic <sup>*1</sup> , <sup>1</sup> <i>Yale University, USA</i> , <sup>2</sup> <i>White Oak Pediatric Dentistry, USA</i>
[P2.30]	<b>Women who enter an online intervention for reducing the risk of Alcohol-Exposed Pregnancy: Pre-treatment characteristics of women in the CARRII Study</b> K.S. Ingersoll <sup>*</sup> , C. Frederick, M. Hilgart, K.E. MacDonnell, S.P. Johnson, G. Heath, H. Lord, L.M. Ritterband, <i>University of Virginia, USA</i>
[P2.31]	<b>The Pain Course for Fibromyalgia: A randomized controlled trial of Internet-delivered cognitive behaviour therapy program for individuals with fibromyalgia</b> L. Friesen <sup>*</sup> , H. Hadjistavropoulos, <i>University of Regina, Canada</i>
[P2.32]	<b>A pilot study to examine an eHealth pain coping skills intervention for cancer survivors</b> H.M. Lerner <sup>*1</sup> , M.B. Vu <sup>1,3</sup> , K. Bloom <sup>2</sup> , R. Teal <sup>1,3</sup> , J. Carda-Auten <sup>3</sup> , C. Rini <sup>1,3</sup> , <sup>1</sup> <i>Gillings School of Global Public Health, University of North Carolina, USA</i> , <sup>2</sup> <i>Duke University, USA</i> , <sup>3</sup> <i>UNC Lineberger Comprehensive Cancer Center, USA</i>
[P2.33]	<b>Analysis of the friendship needs of adolescents with chronic pain: A first step towards the development of an internet intervention</b> I. Beneitez <sup>*</sup> , R. Nieto, E. Hernández-Encuentra, M. Boixadós, <i>Universitat Oberta de Catalunya, Spain</i>
[P2.34]	<b>Evaluating a robotic motivational interviewer</b> J. Galvao Gomes da Silva <sup>*1</sup> , J. Andrade <sup>1</sup> , T. Belpaeme <sup>1</sup> , L. Taylor <sup>1</sup> , K. Beeson <sup>1</sup> , D. Kavanagh <sup>2</sup> , <sup>1</sup> <i>Plymouth University, UK</i> , <sup>2</sup> <i>Queensland University of Technology, Australia</i>
[P2.35]	<b>Cost-effectiveness and cost-benefit of web-based Cognitive Behavioral Therapy for Insomnia in stressed workers: A health economic evaluation from the employer's perspective alongside a randomised controlled trial</b> H. Thiar <sup>*1</sup> , D. Lehr <sup>1</sup> , D.D. Ebert <sup>2</sup> , S. Nobis <sup>1</sup> , F. Smit <sup>3</sup> , M. Berking <sup>2</sup> , H. Riper <sup>3</sup> , <sup>1</sup> <i>Leuphana University Lüneburg, Germany</i> , <sup>2</sup> <i>Friedrich Alexander University Erlangen-Nürnberg, Germany</i> , <sup>3</sup> <i>Free University Amsterdam, The Netherlands</i>
[P2.36]	<b>Comparing intervention outcome and usage data from the same intervention "tested" in eight different research and commercial settings: Lessons for dissemination and implementation</b> F. Thorndike <sup>*1</sup> , L. Ritterband <sup>1</sup> , K. Ingersoll <sup>1</sup> , H. Lord <sup>1</sup> , C. Morin <sup>2</sup> , L. Gonder-Frederick <sup>1</sup> , C. Frederick <sup>1</sup> , <sup>1</sup> <i>University of Virginia, USA</i> , <sup>2</sup> <i>Université Laval, Canada</i>
[P2.37]	<b>Online intervention for smoking in pregnancy: The effects of providing single vs. multiple intervention options on the decision to pursue at least one</b> E. Bronshtein, S.J. Ondersma <sup>*</sup> , R.J. Sokol, <i>Wayne State University School of Medicine, USA</i>
[P2.38]	<b>Remote validation of smoking status: Pilot results</b> S. Valencia, M. Perlmutter, J. Snider, B. Hudik, K. Streater, A.L. Barbosa, R. Arnold, L. Mayes, M. Smith, F. Shic <sup>*</sup> , <i>Yale University, USA</i>
[P2.39]	<b>Internet interventions for chronic pain including headache: A systematic review</b> G. Andersson <sup>*1,2</sup> , M. Buhrman <sup>3</sup> , <sup>1</sup> <i>Linköping University, Sweden</i> , <sup>2</sup> <i>Karolinska Institute, Sweden</i> , <sup>3</sup> <i>Uppsala University, Sweden</i>

[P2.40]	<b>Poet: An internet-based intervention for the psychological treatment of chronic low back pain</b> E. del Rio <sup>*1</sup> , A. Garcia-Palacios <sup>1,2</sup> , J. Domenech <sup>3</sup> , R. Baños <sup>4,2</sup> , C. Botella <sup>1,2</sup> , L. Peñalver <sup>3</sup> , <sup>1</sup> <i>Jaume I University, Spain</i> , <sup>2</sup> <i>Ciber Physiopathology Obesity and Nutrition, Spain</i> , <sup>3</sup> <i>Arnau de Vilanova Hospital, Spain</i> , <sup>4</sup> <i>Universitat de València, Spain</i>
[P2.41]	<b>Utilizing telehealth to treat non-adherence: The development of an intervention for adolescent solid organ transplant recipients</b> C. Buchanan <sup>*1,2</sup> , E. Steinberg <sup>1</sup> , S. Kelly <sup>1,2</sup> , K. Sturm <sup>2</sup> , <sup>1</sup> <i>Children's Hospital of Colorado, USA</i> , <sup>2</sup> <i>University of Colorado Denver, Anschutz Medical Campus, USA</i>
[P2.42]	<b>Acceptability and satisfaction of a web-based intervention for lifestyle changes in hypertensive patients with overweight</b> M. Mensorio <sup>1,7</sup> , E. Rodilla <sup>2</sup> , G. Palomar <sup>3</sup> , J.F. Párraga <sup>4</sup> , A. Cebolla <sup>5,6</sup> , C. Botella <sup>5,6</sup> , R.M. Baños <sup>*1,5</sup> , <sup>1</sup> <i>Universitat de València, Spain</i> , <sup>2</sup> <i>Unidad de hipertensión y riesgo vascular. Hospital de Sagunto, Spain</i> , <sup>3</sup> <i>Atención Primaria Centro de Salud, Spain</i> , <sup>4</sup> <i>Universidad CEU Cardenal Herrera, Spain</i> , <sup>5</sup> <i>CIBER, Fisiopatología de la Obesidad y la Nutrición, Santiago de Compostela, Spain</i> , <sup>6</sup> <i>Universitat Jaume I, Spain</i> , <sup>7</sup> <i>CAPEs, Brazil</i>
[P2.43]	<b>Building an online portal for lifestyle management for prostate cancer survivors and health and wellness professionals</b> N. Culos-Reed <sup>*1</sup> , M. Dew <sup>1</sup> , J. Singh <sup>2</sup> , <sup>1</sup> <i>University of Calgary, Canada</i> , <sup>2</sup> <i>Prostate Cancer Canada, Canada</i>
[P2.44]	<b>Identifying user preferences for design of text message-based prompting system to activate physical activity and social support: Findings from a discrete choice experiment with urban, low-income, Hispanic adults with diabetes</b> M. Ramirez <sup>*1</sup> , S. Wu <sup>1,2</sup> , <sup>1</sup> <i>University of Southern California, Epstein Department of Industrial and Systems Engineering, USA</i> , <sup>2</sup> <i>University of Southern California, School of Social Work, USA</i>
[P2.45]	<b>Improving parental satisfaction with children's surgery using a tailored Web-based surgical preparation program (WebTIPS)</b> M.A. Fortier <sup>*</sup> , R.S. Stevenson, D. Khoury, E.L. Maurer, Z.N. Kain, <i>University of California-Irvine, USA</i>
[P2.46]	<b>Internet- and mobile-based treatment of comorbid depression in chronic back pain patients on sick leave - Study protocol and usability of a randomized controlled trial</b> S. Schlicker <sup>*1</sup> , D.D. Ebert <sup>1,2</sup> , J. Lin <sup>3</sup> , S. Paganini <sup>3</sup> , L. Sander <sup>3</sup> , H. Baumeister <sup>4</sup> , M. Berking <sup>1</sup> , O. Mittag <sup>3</sup> , H. Riper <sup>1</sup> , S. Nobis <sup>2,5</sup> , <sup>1</sup> <i>Friedrich Alexander University of Erlangen-Nuremberg, Germany</i> , <sup>2</sup> <i>Leuphana University Lüneburg, Germany</i> , <sup>3</sup> <i>Albert Ludwigs University Freiburg, Germany</i> , <sup>4</sup> <i>University of Ulm, Germany</i> , <sup>5</sup> <i>University of Vechta, Germany</i>
[P2.47]	<b>Development and pilot evaluation of a "Self-Management Assistance for Recommended Treatment (SMART)" web portal for adolescents with inflammatory bowel disease</b> R.R. Ramsey <sup>*</sup> , K.E. LeBuhn, L.A. Denson, K.A. Hommel, <i>Cincinnati Children's Hospital, USA</i>
[P2.48]	<b>Internet-delivered treatment: A potential means of addressing the mental health needs of parents of multiples in the perinatal period</b> S. Wenzel <sup>*1,2</sup> , N. Bauer <sup>1</sup> , C. Battle <sup>2,3</sup> , <sup>1</sup> <i>Lafayette College, USA</i> , <sup>2</sup> <i>Brown Medical School, USA</i> , <sup>3</sup> <i>Butler Hospital, USA</i> , <sup>4</sup> <i>Women and Infants Hospital of Rhode Island, USA</i>
[P2.49]	<b>Surviving and thriving with Cancer: Social network characteristics of an online health behavior change intervention</b> E.O. Bantum <sup>*1</sup> , M. Curran <sup>2</sup> , J.E. Owen <sup>3</sup> , P.L. Ritter <sup>4</sup> , R. Hanneman <sup>2</sup> , <sup>1</sup> <i>University of Hawaii, USA</i> , <sup>2</sup> <i>University of California, USA</i> , <sup>3</sup> <i>National Center for PTSD, USA</i> , <sup>4</sup> <i>Stanford University, USA</i>
[P2.50]	<b>Video modelling as a simulation tool of social and vocational challenging situations, for individuals with Autism Spectrum disorder</b> S. Zlotnik <sup>*</sup> , E. Gal, M. Hochhauser, R. Rosen, P-L. Weiss, <i>The University of Haifa, Israel</i>

**Poster Session III**  
**Saturday 9 April 2016; 13:00-14:00**

[P3.01]	<b>The use of an available online peer support platform in a program to supplement the treatment of mental disorders</b> A. Baumel, <i>The Feinstein Institute for Medical Research, USA</i>
[P3.02]	<b>Towards remote developmental phenotyping using robots</b> L. Boccanfuso <sup>1</sup> , C. Wall <sup>1</sup> , L. DiNicola <sup>1</sup> , E. Barney <sup>1</sup> , C. Foster <sup>1</sup> , A. Ahn <sup>1</sup> , P. Ventola <sup>1</sup> , K. Chawarska <sup>1</sup> , B. Scassellati <sup>1</sup> , F. Shic <sup>*1</sup> , <sup>1</sup> <i>Yale University, USA</i> , <sup>2</sup> <i>Children's Hospital of Philadelphia, USA</i> , <sup>3</sup> <i>University of Southern Tennessee, USA</i>
[P3.03]	<b>Use of internet based interventions with a multiple modality communicator with complex communication needs</b> K. Kuecker <sup>*</sup> , J. Oxley, <i>University of Louisiana at Lafayette, USA</i>

[P3.04]	<b>Effectiveness and acceptability of Internet-delivered treatment for Depression, Anxiety and Stress in university students: Protocol for an open feasibility trial</b> P.A. Frazier <sup>*1</sup> , D. Richards <sup>2,3</sup> , S. Hofmann <sup>4</sup> , D. Beidel <sup>5</sup> , P. Palmieri <sup>6</sup> , J. Mooney <sup>2</sup> , C. Bonner <sup>1</sup> , <sup>1</sup> University of Minnesota, USA, <sup>2</sup> SilverCloud, Ireland, <sup>3</sup> Trinity College Dublin, Ireland, <sup>4</sup> Boston University, USA, <sup>5</sup> University of Central Florida, USA, <sup>6</sup> Summa Health System, USA
[P3.05]	<b>Perceived helpfulness, overall use, and barriers to using acceptance and commitment therapy apps within a therapist sample</b> S. Potts*, B. Pierce, M. Levin, M.P. Twohig, <i>Utah State University, USA</i>
[P3.06]	<b>Motivational and volitional predictors of adherence in internet interventions – An application of the health action process approach</b> A-C. Zarski <sup>*1</sup> , D. Lehr <sup>2</sup> , M. Berking <sup>1</sup> , H. Riper <sup>3,4</sup> , E. Heber <sup>2</sup> , D.D. Ebert <sup>1</sup> , <sup>1</sup> Friedrich Alexander University Erlangen-Nürnberg, Germany, <sup>2</sup> Leuphana University Lüneburg, Germany, <sup>3</sup> VU University Amsterdam, The Netherlands, <sup>4</sup> University of Southern Denmark, The Netherlands
[P3.07]	<b>Development and evaluation of self-guided multimedia stress management and resilience training</b> A. Oftedal*, T.D. Zbozinek, M.G. Craske, R.D. Rose, <i>University of California, USA</i>
[P3.08]	<b>Baseline predictors of treatment response to a self-guided, multimedia stress management and resilience program</b> A. Oftedal*, T.D. Zbozinek, M.G. Craske, R.D. Rose, <i>University of California, USA</i>
[P3.09]	<b>End-Users' involvement in the design &amp; development of medical technology devices: Two perspectives on this case of open innovation, the manufacturer's and the end-user's</b> S. Hani <sup>*1</sup> , N. de Marcellis - Warin <sup>1,2</sup> , <sup>1</sup> École Polytechnique de Montreal, Canada, <sup>2</sup> Harvard University, USA
[P3.10]	<b>Reaching homeless youth through technology-supported interventions</b> E.C. Kaiser <sup>*1</sup> , A.K. Zalta <sup>2</sup> , R. Boley <sup>2</sup> , C. Dowdle <sup>2</sup> , N.S. Karnik <sup>2</sup> , S.M. Schueller <sup>1</sup> , <sup>1</sup> Northwestern University, USA, <sup>2</sup> Rush University Medical Center, USA
[P3.11]	<b>Evaluation of a transdiagnostic text-message-based maintenance intervention after inpatient cognitive behavioral therapy</b> S. Schlicker <sup>*1,2</sup> , D.D. Ebert <sup>1,3</sup> , M. Berking <sup>1</sup> , <sup>1</sup> Friedrich Alexander University of Erlangen-Nuremberg, Germany, <sup>2</sup> Philipps University of Marburg, Germany, <sup>3</sup> Leuphana University Lüneburg, Germany
[P3.12]	<b>Multi-modal therapy: The development and pilot evaluation of an internet-facilitated cognitive behavioural intervention to supplement face-to-face therapy for hoarding disorder</b> M.A. Fitzpatrick <sup>*1</sup> , M. Nedeljkovic <sup>1</sup> , J.A. Abbott <sup>1</sup> , R. Moulding <sup>2</sup> , M. Kyrios <sup>3</sup> , <sup>1</sup> Swinburne University of Technology, Australia, <sup>2</sup> Deakin University, Australia, <sup>3</sup> Australian National University, Australia
[P3.13]	<b>Tailoring online interventions to disorder, age and gender profile; evaluation of a multi-disorder program</b> J.A. Abbott <sup>1</sup> , M.A. Fitzpatrick <sup>*1</sup> , K. Wallace <sup>1</sup> , N. Thomas <sup>1</sup> , B. Klein <sup>2,3</sup> , D. Austin <sup>3</sup> , M. Kyrios <sup>3</sup> , <sup>1</sup> Swinburne University of Technology, Australia, <sup>2</sup> Australian National University, Australia, <sup>3</sup> Deakin University, Australia
[P3.14]	<b>Tracking patterns of device type usage (paradata): Roles in eHealth research</b> B.G. Danaher <sup>*1</sup> , R. Crowley <sup>1</sup> , M.S. Tyler <sup>1</sup> , J.R. Seeley <sup>2,1</sup> , J. Milgrom <sup>3,4</sup> , <sup>1</sup> Oregon Research Institute, USA, <sup>2</sup> University of Oregon, USA, <sup>3</sup> University of Melbourne, Australia, <sup>4</sup> Parent-Infant Research Institute, Australia
[P3.15]	<b>Mobile devices as a resource in gathering health data: The role of mobile devices in the improvement of global health</b> A. Khan <sup>1</sup> , <sup>1</sup> University of Minnesota Duluth, USA, <sup>2</sup> IEEE member, USA
[P3.16]	<b>Smartphone-based unobtrusive ecological momentary assessment of day-to-day mood variation: A pilot replication study</b> J. Ruwaard*, J. Asselbergs, H. Riper, <i>Vrije Universiteit Amsterdam, The Netherlands</i>
[P3.17]	<b>Cost effectiveness of social media channels for adolescent online research recruitment: An exploratory trial</b> L.L. Gu <sup>*1</sup> , P. Florin <sup>1</sup> , H. Dunn <sup>1</sup> , D. Skierkowski <sup>1</sup> , K. Friend <sup>1</sup> , Y.J. Ye <sup>1</sup> , <sup>1</sup> University of Rhode Island, USA, <sup>2</sup> Pacific Institute for Research and Evaluation, USA
[P3.18]	<b>Real-time assessment of auditory hallucinations using a smartphone application</b> J.J. Bless <sup>*1,2</sup> , K. Hugdahl <sup>1,2</sup> , <sup>1</sup> University of Bergen, Norway, <sup>2</sup> Norwegian Centre for Mental Disorders Research, University of Oslo, Norway, <sup>3</sup> Haukeland University Hospital, Norway
[P3.19]	<b>Serious games for psychological testing: Development and validation of measures of impulsivity and self-control</b> P.C. Shih <sup>*1</sup> , D. Peña <sup>1</sup> , <sup>1</sup> University Autonoma of Madrid, Spain, <sup>2</sup> Alava Reyes - Centro de Psicología, Spain
[P3.20]	<b>A survey of therapists' and patients' attitudes towards serious games in psychotherapy</b> C. Eichenberg <sup>1</sup> , M. Schott <sup>*1</sup> , G. Grabmayer <sup>1</sup> , N. Green <sup>2</sup> , <sup>1</sup> Sigmund Freud Privat Universität, Austria, <sup>2</sup> Freie Universität Berlin, Germany

[P3.21]	<b>A game for emotional regulation in adolescents: The (body) interface device matters</b> M.D. Vara <sup>1</sup> , R.M. Baños <sup>*1,2</sup> , P. Rasal <sup>1</sup> , A. Rodríguez <sup>3</sup> , B. Rey <sup>3</sup> , M. Wrzesien <sup>3</sup> , M. Alcañiz <sup>3,2</sup> , <sup>1</sup> University of Valencia, Spain, <sup>2</sup> CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Spain, <sup>3</sup> Polytechnic University of Valencia, Spain
[P3.22]	<b>Are they serious? Games for mental health: A systematic review and meta-analysis</b> H. Lau <sup>*1</sup> , H. Riper <sup>2</sup> , T.M. Fleming <sup>3</sup> , J.H. Smit <sup>1</sup> , <sup>1</sup> VU University Medical Center, The Netherlands, <sup>2</sup> Vrije Universiteit Amsterdam, The Netherlands, <sup>3</sup> University of Auckland, New Zealand
[P3.23]	<b>The use of scenario-based design for the development of behavioral intervention technologies</b> C. Stiles-Shields <sup>*1</sup> , E. Montague <sup>2,1</sup> , D.C. Mohr <sup>1</sup> , <sup>1</sup> Northwestern University, USA, <sup>2</sup> DePaul University, USA
[P3.24]	<b>Identifying barriers to the use of Mobile Treatment Apps</b> C. Stiles-Shields <sup>*1</sup> , E. Lattie <sup>1</sup> , M.J. Kwasny <sup>1</sup> , E. Montague <sup>2,1</sup> , D.C. Mohr <sup>1</sup> , <sup>1</sup> Northwestern University, USA, <sup>2</sup> DePaul University, USA
[P3.25]	<b>Voice, distress, and perceived control: Technology-based intervention</b> S. Misono <sup>*</sup> , A. Merians, C.B. Peterson, A. Narayanan, K.O. Lim, P.A. Frazier, <i>University of Minnesota, USA</i>
[P3.26]	<b>Towards a gold standard for internet-delivered programs in behavioral and mental health</b> D. Richards <sup>*2,1</sup> , N. Vigano <sup>1</sup> , D. O'Callaghan <sup>1</sup> , K. Tierney <sup>1</sup> , E. O'Brien <sup>1</sup> , J. Mooney <sup>1</sup> , C. Bonner <sup>1</sup> , <sup>1</sup> SilverCloud Health, Ireland, <sup>2</sup> School of Psychology, Trinity College Dublin, Ireland
[P3.27]	<b>Testing a strategy for implementing self-help computer-based psychotherapies in VA outpatient care</b> E. Hermes <sup>*1,2</sup> , R. Rosenheck <sup>1</sup> , <sup>1</sup> Yale University School of Medicine, USA, <sup>2</sup> VA New England Mental Illness Research, Education, and Clinical Center, USA
[P3.28]	<b>Computer based psychotherapeutic interventions in the context of positive psychology</b> C.G. Woelk <sup>*</sup> , C. Woelk, T. Koehler, T. Schulte, J. Rogner, <i>University of Osnabrueck, Germany</i>
[P3.29]	<b>Use of technological adjuncts by Latin American psychotherapists</b> M. Braun <sup>*1</sup> , A. Roussos <sup>2,1</sup> , J.M. Gomez Penedo <sup>1,2</sup> , <sup>1</sup> Universidad de Belgrano, Argentina, <sup>2</sup> CONICET, Argentina
[P3.30]	<b>Behavioral intervention technologies and cognitive-behavioral therapy for youth</b> B. Dickter <sup>*</sup> , G. Alie, M. Jones, E. Bunge, <i>Palo Alto University, USA</i>
[P3.31]	<b>Testing the mechanism of symptom change following treatment - A multiplicative footprint in a linear tradit</b> E. Karin <sup>*1</sup> , B.F. Dear <sup>1,2</sup> , G.Z. Heller <sup>1</sup> , N. Titov <sup>1,3</sup> , <sup>1</sup> Macquarie University, Australia, <sup>2</sup> eCentre clinic, Australia, <sup>3</sup> Mindspot clinic, Australia
[P3.32]	<b>Increasing favourable expectations of therapist-assisted internet-delivered cognitive behaviour therapy: Importance of testimonial-based versus statistically-based information</b> V.A.M. Owens <sup>*</sup> , H.D. Hadjistavropoulos, D.A. Dirkse, <i>University of Regina, Canada</i>
[P3.33]	<b>Improving transdiagnostic internet-delivered cognitive behaviour therapy: Process evaluation of common client questions</b> J.N. Soucy <sup>*</sup> , L.H. Schneider, H.D. Hadjistavropoulos, <i>University of Regina, Canada</i>
[P3.34]	<b>Proof of concept for Internet-CBT as accelerated care - An adaptive treatment strategy where patients at risk of failure are randomized between regular or enhanced treatment</b> V. Kaldo <sup>*</sup> , E. Forsell, K. Blom, N. Lindefors, S. Jernelöv, <i>Karolinska Institutet, Sweden</i>
[P3.35]	<b>Dealing with adherence in Internet interventions: A study of human support effect</b> P.C. Shih <sup>*</sup> , A. Calero, M. Santacreu, E. Rellán, <i>University Autonoma of Madrid, Spain</i>
[P3.36]	<b>Understanding trauma recovery web intervention engagement using the health action process approach (HAPA) framework</b> C.M. Yeager <sup>*</sup> , C.C. Benight, <i>University of Colorado Colorado Springs, USA</i>
[P3.37]	<b>Messages in a digital world: Comparison of emails sent by community and student e-therapists in an Internet-delivered cognitive behavioural therapy program for depression</b> L. Schneider <sup>*</sup> , J. Soucy, H. Hadjistavropoulos, <i>University of Regina, Canada</i>
[P3.38]	<b>An examination of therapists' experiences delivering transdiagnostic Internet-delivered cognitive behaviour therapy</b> D. Dirkse <sup>*</sup> , H.D. Hadjistavropoulos, N. Faller, <i>University of Regina, Canada</i>
[P3.39]	<b>The importance of self-appraisals of coping capability in predicting engagement in a web intervention for trauma</b> C.C. Benight <sup>*</sup> , K. Shoji, C. Yeager, A. Mullings, S. Dhamija, T. Boulton, <i>University of Colorado Colorado Springs, USA</i>
[P3.40]	<b>Measuring engagement into the Web-Intervention by the quality of voice</b> K. Shoji <sup>*</sup> , C.C. Benight, A. Mullings, C. Yeager, S. Dhamija, T. Boulton, <i>University of Colorado Colorado Springs, USA</i>
[P3.41]	<b>Peer-to-Peer psychotherapy tools</b> K. O'Leary <sup>*</sup> , M. Dixon, M. Toomim, J.O. Wobbrock, W. Pratt, <i>University of Washington, USA</i>

[P3.42]	<b>Efficacy of web-based adjunct to CME in improving Emotional Intelligence</b> D.Y. Welindt*, N.V. Williams, B.W. Williams, M.V. Williams, <i>Professional Renewal Center, USA</i>
[P3.43]	<b>How doctors view and use social media: A national survey</b> J. Brown <sup>*1,2</sup> , A. Harris <sup>1,2</sup> , C. Ryan <sup>1,2</sup> , <sup>1</sup> <i>University of Sydney, Australia</i> , <sup>2</sup> <i>Westmead Hospital, Australia</i>
[P3.44]	<b>Prototype of a multiculturally appropriate internet delivered well-being enhancement intervention: An insight into content &amp; design</b> R. Choubisa, <i>BITS Pilani, India</i>
[P3.45]	<b>A virtual intervention with general applicability using a video counsellor to deliver a motivational interview</b> J. Galvao Gomes da Silva <sup>*1</sup> , J. Andrade <sup>1</sup> , J. May <sup>1</sup> , D. Kavanagh <sup>2</sup> , <sup>1</sup> <i>Plymouth University, UK</i> , <sup>2</sup> <i>Queensland University of Technology, Australia</i>
[P3.46]	<b>Behavioral intervention technologies and psychotherapy with youth: A review of the literature</b> M. Jones*, B. Dickter, G. Alie, A. Spear, R. Perales, E. Bunge, <i>Palo Alto University, USA</i>
[P3.47]	<b>Effectiveness of an e-mail relationship counselling service</b> C. Eichenberg, J. Aden, M. Schott*, <i>Sigmund Freud Privat Universität, Austria</i>
[P3.48]	<b>Consulting services on facebook: Content analysis and user survey</b> C. Eichenberg, M. Schott*, <i>Sigmund Freud Privat Universität, Austria</i>
[P3.49]	<b>Participatory design of technologies in a youth mental health context</b> S.K. Orłowski <sup>*1</sup> , S. Lawn <sup>1</sup> , N. Bidargaddi <sup>1</sup> , B. Matthews <sup>2</sup> , A. Venning <sup>1</sup> , <sup>1</sup> <i>Flinders University, Australia</i> , <sup>2</sup> <i>The University of Queensland, Australia</i>
[P3.50]	<b>Development of a discrete event simulation model for the economic evaluation of a blended depression treatment: The E-COMPARED project</b> S. Kolovos <sup>*1</sup> , J.E. Bosmans <sup>1</sup> , M. van Tulder <sup>1</sup> , K. Chevreur <sup>2</sup> , M. O'Connell <sup>3</sup> , E.U. E.Compared Consortium <sup>1,2</sup> , H. Riper <sup>1</sup> , <sup>1</sup> <i>VU Amsterdam, The Netherlands</i> , <sup>2</sup> <i>INSERM, France</i> , <sup>3</sup> <i>University of Limerick, Ireland</i>
[P3.51]	<b>Analyzing longitudinal data from internet interventions: Using time varying effect modeling (TVEM) to understand mechanisms in the MomMoodBooster intervention for postpartum depression</b> R.N. Crowley <sup>*1</sup> , B.G. Danaher <sup>1</sup> , M.S. Tyler <sup>1</sup> , J.R. Seeley <sup>2,1</sup> , J. Milgrom <sup>3,4</sup> , <sup>1</sup> <i>Oregon Research Institute, USA</i> , <sup>2</sup> <i>University of Oregon, USA</i> , <sup>3</sup> <i>University of Melbourne, Australia</i> , <sup>4</sup> <i>Parent-Infant Research Institute, Australia</i>
[P3.52]	<b>Efficacy of Internet-based interventions for college student stress and anxiety</b> C. Greer, V. Nguyen-Feng*, P. Frazier, <i>University of Minnesota, USA</i>
[P3.53]	<b>Implementing a perception of control experiment on a smartphone</b> D. O'Sullivan*, P. Van de Ven, R. Msetfi, J. Neslon, <i>University of Limerick, Ireland</i>

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## Oral Program

**Thursday 7 April 2016**

Room	Grand Concourse			
09.00-19.00	Registration			
Rooms	Sound	Cove		Marina
09.00-12.00	Workshop 1	Workshop 2		Workshop 3
12.00-13.30	Lunch (On own)			
Room	Elliott Hall			
13.30-14.00	Opening remarks by ISRII president			
14.00-14.45	[PL.01]: Lisa A. Marsch			
14.45-15.10	Coffee break - International Promenade			
Rooms	Elliott Hall	Sound	Cove	Marina
15.10-16.40	Breakout 1 (Symposium)	Breakout 2 (Symposium)	Breakout 3 (Symposium)	Breakout 4 (Symposium)
16:45-17.30	Breakout 1 (Short Symposium)	Breakout 2 (Papers)	Breakout 3(Short Symposium)	Breakout 4 (Short Symposium)
Room	International Promenade			
17.30-19.00	Welcome drinks reception and Poster session I			

**Friday 8 April 2016**

Room	Cove			
08.00-08.50	<b>Student and Early Career Mentorship breakfast</b>			
Room	Elliott Hall			
09.00-09.45	<b>[PL.02]: Deborah Estrin</b>			
09.45-10.05	<b>Coffee break - International Promenade</b>			
Rooms	Elliott Hall	Sound	Cove	Marina
10.10-11.40	<b>Breakout 1 (Symposium)</b>	<b>Breakout 2 (Symposium)</b>	<b>Breakout 3 (Panel)</b>	<b>Breakout 4 (Symposium)</b>
11.45-12.30	<b>Breakout 1 (Papers)</b>	<b>Breakout 2 (Short Symposium)</b>	<b>Breakout 3 (Papers)</b>	<b>Breakout 4 (Papers)</b>
12.30-13.00	<b>Lunch - International Promenade</b>			
Room	International Promenade			
13:00-14:00	<b>Poster session II/Demonstrations/ Exhibits</b>			
Room	Elliott Hall			
14.00-14.45	<b>[PL.03]: Geoffrey Baker</b>			
14.45-15.05	<b>Coffee break - International Promenade</b>			
Rooms	Elliott Hall	Sound	Cove	Marina
15.10-16.40	<b>Breakout 1 (Symposium)</b>	<b>Breakout 2 (Symposium)</b>	<b>Breakout 3 (Panel)</b>	<b>Breakout 4 (Symposium)</b>
16.45-17.30	<b>Breakout 1 (Sounding board)</b>	<b>Breakout 2 (Papers)</b>	<b>Breakout 3 (Short symposium)</b>	<b>Breakout 4 (Papers)</b>
19.30-10.00	<b>Gala Dinner - (Optional – tickets can be purchased)</b>			

**Saturday 9 April 2016**

Room	Cove			
08.00-08.50	<b>General business meeting of members</b>			
Rooms	Elliott Hall	Sound	Cove	Marina
09.00-09.45	<b>Breakout 1 (Short symposium)</b>	<b>Breakout 2 (Short Symposium)</b>	<b>Breakout 3 (Papers)</b>	<b>Breakout 4 (Papers)</b>
09.45-10.10	<b>Coffee break - International Promenade</b>			
Rooms	Elliott Hall	Sound	Cove	Marina
10.10-11.40	<b>Breakout 1 (Symposium)</b>	<b>Breakout 2 (Symposium)</b>	<b>Breakout 3 (Panel)</b>	<b>Breakout 4 (Panel)</b>
11.45-12.30	<b>Breakout 1 (Papers)</b>	<b>Breakout 2 (Papers)</b>	<b>Breakout 3 (Papers)</b>	<b>Breakout 4 (Papers)</b>
12.30-13.00	<b>Lunch - International Promenade</b>			
Room	International Promenade			
13:00-14:00	<b>Poster session III/Demonstrations/ Exhibits</b>			
Room	Elliott Hall			
14.00-14.45	<b>[PL.04]: Victor Strecher</b>			
14.45-15.45	<b>ISRII Throwdown</b>			
15.45-16.00	<b>Closing remarks</b>			